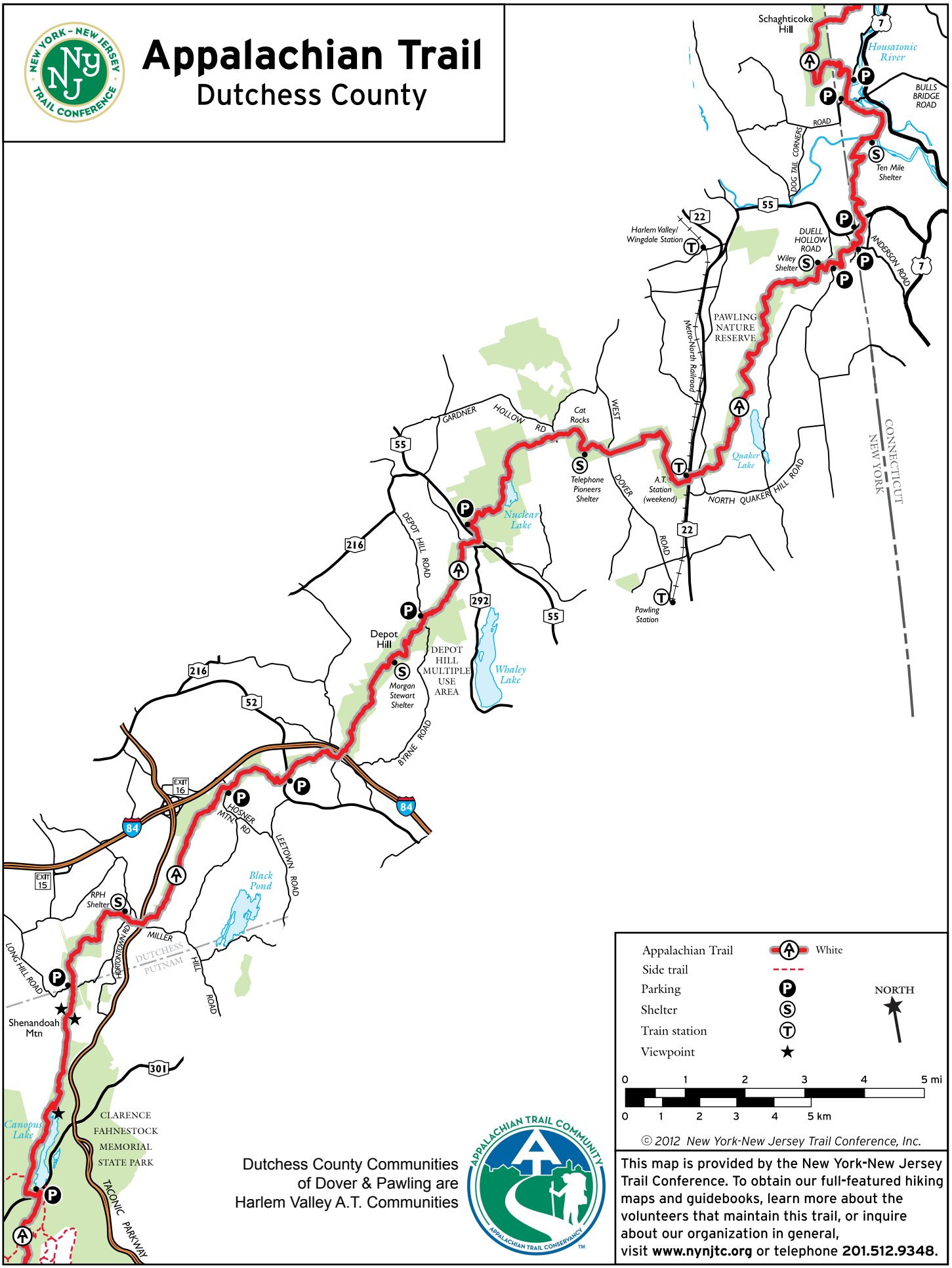
Appalachian Trail
Dutchess County



Appalachian Trail — White
Side trail
Parking
Shelter
Train station
Viewpoint

NORTH

0 1 2 3 4 5 mi
0 1 2 3 4 5 km

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Dutchess County Communities of Dover & Pawling are Harlem Valley A.T. Communities

This map is provided by the New York-New Jersey Trail Conference. To obtain our full-featured hiking maps and guidebooks, learn more about the volunteers that maintain this trail, or inquire about our organization in general, visit **www.nynjtc.org** or telephone **201.512.9348.**

Guidelines

Health and Safety:

- Call 911 in case of an emergency
- No water found on the trails, including that from wells, is completely safe to drink. Treat all water before drinking.
- Ticks that carry Lyme disease are common in the area. Check yourself thoroughly after hiking.
- Dress appropriately for the weather.

Guidelines for Appalachian Trail Users:

- Remain on trails to minimize environmental impact.
- Carry out your trash and any litter you find.
- Keep pets leashed.
- Limit groups to 10 for overnight use and 25 for day use.

Restrictions:

- Trails are for foot travel only. No motorized vehicles, bicycles or horses permitted.
- Camp only in designated areas
- Fires permitted only in fireplaces at designated camping areas.
- No hunting on corridor owned by the National Park Service.
- Collection of plants is not allowed.

About the Appalachian Trail

The Appalachian Trail (AT) covers over 2,150 miles, passing through 14 states from Georgia to Maine. It was begun in 1921 and completed in 1937 by trail club volunteers under leadership of the Appalachian Trail Conservancy. The National Scenic Trails Act of 1968, and its later amendments, designated the AT as the first National Scenic Trail enabling the National Park Service to acquire and protect a permanent corridor for the Trail.

Enjoy walking the Trail, and, as you become acquainted with it, help with its care by watching for misuse such as timber cutting, dumping, use by motorized vehicles, fires, etc. Please report all problems to the NY-NJ Trail Conference.

Who Manages the AT?

The protected trail corridor in Dutchess and Putnam Counties is owned by the National Park Service except where the trail crosses state-owned lands. Management responsibility has been delegated through the Appalachian Trail Conservancy to the NY-NJ Trail Conference. Locally, volunteers of the Dutchess/Putnam AT Management Committee carry out trail maintenance and land oversight activities. Contact the NY-NJ Trail Conference to get involved.

Detailed maps and a Guide Book of the Appalachian Trail in NY & NJ as well as membership information may be obtained from :

New York-New Jersey Trail Conference
156 Ramapo Road
Mahwah, NJ 07430
(201) 512-9348
www.nynjtc.org

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The Appalachian Trail

East of the Hudson River

4/2012