

MRC SEMINAR SERIES

The Medical Reserve Corps (MRC) of Dutchess County offers a FREE seminar series each month at locations throughout the County. Programs are open to the public, unless otherwise noted.

****Seating is limited; pre-registration is required by emailing: iryan@dutchessny.gov**

NARCAN TRAINING

Wednesday, January 23rd 4:30 PM

Learn how to administer the life-saving drug Narcan to someone who is experiencing an overdose. Each participant will receive a free Narcan kit at the end of the training. This training will be held at the Department of Behavioral & Community Health, 230 North Road in Poughkeepsie (Entrance 1).

CITIZENS PREPAREDNESS

Tuesday, January 29th 7 PM (Red Hook)

Thursday, January 31st 6:30PM (Hopewell Junction)

What can you do now to prepare for virtually any type of disaster or emergency situation in Dutchess County? This training is open to everyone and is required training for all MRC volunteers. Free emergency backpacks are distributed to all attendees to get started on a Go-kit. Two identical class sessions will be offered: Thursday, January 29th at Red Hook Town Hall, 7340 S. Broadway (Route 9) and on Thursday, January 31st at the Beekman Library, 11 Town Center Blvd, Hopewell Junction.

PSYCHOLOGICAL FIRST AID

Thursday, January 31st 6 PM (Poughkeepsie)

Saturday, February 9th 10 AM (Eastern Dutchess)

Psychological First Aid (PFA) aims to reduce stress symptoms and assist in a healthy recovery following a traumatic event, natural disaster, public health emergency, or even a personal crisis. This training will be led by Amy Nitza, Ph.D., LMHC, Director of the Institute for Disaster Mental Health at SUNY New Paltz. Two identical class sessions will be offered: Thursday, January 31st at the Dutchess County Department of Emergency Response, 392 Creek Road in Poughkeepsie and on Saturday, February 9th at the Wassaic Fire House, 27 Firehouse Road in Wassaic.

NEW MEMBER ORIENTATION

Thursday, February 7th 6PM

Learn how to become a volunteer member of the Dutchess MRC, what is required of you and what missions you can participate in. This training is open to the public and will take place at the Dutchess County Department of Emergency Response, 392 Creek Road in Poughkeepsie.

The MRC of Dutchess County is part of a national network of volunteers dedicated to supporting public health infrastructure as well as disaster preparedness and response in the community. The MRC is comprised of both healthcare and non-healthcare professionals who support the County's Departments of Emergency Response and Behavioral & Community Health when responding to incidents of all kinds.

Marcus J. Molinaro
County Executive



Joseph A. Ryan
MRC Coordinator