

Dutchess County Office for the Aging's

AGING NEWS

For the week of August 15th

SAVE THE DATE - OFA "SENIOR PROM" IS BACK

It's happening. After a three-year hiatus, the OFA annual Senior Prom is back on the calendar!

Save the date Monday, October 24th, from noon to 4 pm. We'll announce the prom venue shortly.

This will be the 25th prom, and we're sticking with the "silver anniversary" theme as previously scheduled. Many prom guests dress up to match the theme, and our prom regulars have been planning for this since the end of the last prom in 2019. It's optional to dress up, but those who dress to match the theme are in the running to become the "Duke and Duchess" of the 2022 Senior Prom. Anything silver that can be worked into your look is fair game.

The prom begins at noon with a buffet lunch. Once again, the full Bob Martinson Band will help fill the dance floor playing your favorites. There'll be prizes; including a 50-50 raffle to benefit the Office for the Aging.

Reserved admission is required and will remain at the same price as 2019 - \$20 per person (\$200 for a table of 10) until October 7th or when the event sells out, whichever comes first. After that date, the price increases to \$30 per person. We cannot accept walk-in guests.

Once the venue is announced, printable reservation forms will be available at dutchessny.gov/aging, on request from the Office for the Aging, and will be printed in the fall edition of the OFA "THRIVE60+" newsletter, which is published late this month. If you'd like to be on our postal or e-mail mailing list, contact OFA Outreach Coordinator Brian Jones at bjones@dutchessny.gov or 845-486-2544.

If you're coming to the prom as part of a group, make sure your list of participants is complete before submitting your reservation form and payment. The maximum number of guests at each table is 10; groups of more than 10 will be seated at adjoining tables whenever possible.

Many thanks for the support of OFA's Senior Prom partner, The Pines at Poughkeepsie.

EAST FISHKILL, MILLERTON OFA FRIENDSHIP CENTERS CLOSED TUE 8/23

The OFA East Fishkill and Millerton Friendship Centers will be closed on Tuesday, August 23rd, since the sites are being used that day for primary voting, to choose candidates for this November's U.S. House and New York State Senate elections, as well as a special election in New York's 19th House district, which includes a large part of Dutchess County.

Home Delivered Meals operations at the friendship centers will continue as usual on the 23rd.

Millerton-area seniors are invited to take part in an OFA outing to Rudd Pond on August 23rd. Contact the friendship center at 518-789-3081 for more information; space is limited.

For more information on voting in Dutchess County, visit elections.dutchessny.gov.

Golden Living is prepared by the Dutchess County Office for the Aging, 114

Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email:

ofa@dutchessny.gov website: www.dutchessny.gov/aging

VETERANS' ESTATE PLANNING WORKSHOP IN BEACON (Mon 8/29)

American Legion Post 203 in Beacon (413 Main St.) will sponsor and host an estate-planning workshop for local veterans on Monday, August 29th, from 5:30-7:00 pm. Adam Roche, Director of the Dutchess County Division of Veterans' Services, will be at this event. For more information, contact the Division of Veterans Services at 845-486-2060.

OFA PUBLIC COMMENT FORUMS RETURNING (Fall 2022)

We're in the process of resuming the annual OFA Public Comment Forums that had to be cancelled in 2020 and 2021 due to pandemic restrictions. The forums will take place this fall, and we'll let you know where and when once the venues are confirmed.

While you can contact OFA at any time to ask questions or note concerns (ofa@dutchessny.gov or 845-486-2555), the forums are an opportunity to speak directly to OFA leaders in person, to help us understand your concerns and hear your feedback on our current services and future plans. Everyone will be invited to attend.

Other news:

For older adults trying to adapt to new technology, sometimes it's either too much security or not enough – [and sometimes both](#).

This week's birthdays:

8/14: Actor/comedian/writer/musician Steve Martin (77)

[Who says he might stop acting](#) after his current run starring in “Only Murders in the Building,” but he does have a stage/music career as well.

8/15: Retired US Supreme Court associate justice Stephen Breyer (84)

8/16: Actress/dancer Julie Newmar (89)

8/17: Actor/director Robert De Niro (79)

8/18: 41st First Lady Rosalynn Carter (95)

8/19: Yankees second baseman Bobby Richardson (87)

Here he is 50 years ago catching the [last out of the 1962 World Series](#)

8/20: Singer-songwriter Robert Plant (74)

...[on tour now](#) with a couple of gigs in the northeast in September

And, of course, a Bad Joke.

Sometimes I tuck my knees into my chest and lean forward.

That's just how I roll.