Dutchess County Office for the Aging Services

Case Management
Information, Referral and Advocacy
Continuing Care
Nursing Home Information
NY Connects
Caregiver Support
Senior Friendship Centers
Home Delivered Meals
Nutrition Education
Summer Senior Picnics
Nutrition Counseling
Benefit & Entitlement Counseling
Health Insurance Counseling & Assistance
Legal Assistance
Housing Information
Home Energy Assistance
Medical Transportation
Volunteer Opportunities
Brain Games
Senior Exercise Program
A Matter of Balance
Tai Chi
Successful Aging presentations
Scam Prevention presentations

The Dutchess County Office for the Aging is a County Agency funded under Title III of the U.S. Older Americans Act, the New York State Office for the Aging, and the County of Dutchess.

Updated June 2020

Dutchess County Office for the Aging

114 Delafield St • Poughkeepsie NY 12601
(845) 486-2555 • (866) 486-2555

Marcus J. Molinaro
County Executive

Todd Tancredi
Director
Office for the Aging

Volunteer Opportunities

Dutchess County
Office for the Aging

(845) 486-2555
Email: ofa@dutchessny.gov

www.dutchessny.gov/aging

VOLUNTEER REGISTRATION FORM

Dutchess County Office for the Aging
114 Delafield St., Poughkeepsie, NY 12601

What type of volunteer activity are you interested in? (check all that apply)
* remote volunteering opportunity ** currently suspended due to COVID-19 precautions

( ) Home Delivered Meals Driver
( ) * Health Insurance Counseling (HIICAP)
( ) ** Brain Games Leader
( ) ** Senior Friendship Center Helper/Leader
( ) ** "A Matter of Balance" Coach
( ) ** Tai Chi Class Leader
( ) ** Exercise Class Leader
( ) "Drive-Thru Picnic" Helper (July-September)
( ) Office Assistance
( ) ** Senior Friendship Center Entertainment

--------Please print--------

Last Name_____ First Name _____ Middle Initial (if any) ____

FULL Mailing Address_____

Home Phone_____ Mobile Phone _____

Date of Birth_____Email_____

Emergency Contact_____Phone_____

Please circle all days you can be available: MON TUES WED THURS FRI

Time(s) you are usually available _____

Please describe any medical limitations:_____

Are you fluent in any foreign languages? If so, which one(s)? _____

Briefly describe your technology skills (check one): ( ) little or none ( ) moderate ( ) expert

Previous volunteer experience_____

What type of transportation will you use to get to your volunteer assignment? _____

Personal Reference_____

Address_____

Phone_____ Email:_____

Because you may have direct contact with the elderly, the County may initiate inquiries into your personal history including searches of police and motor vehicle files. By signing the form below you hereby grant the County permission to make any such search or investigation.

_____ _____ _____
Volunteer Signature Your 9 Digit NYS Driver's License ID Number Today's Date

Volunteering with the Dutchess County Office for the Aging

Friends,

We at the Office for the Aging could not provide many of our essential services for Dutchess County's senior population without the hard work of hundreds of volunteers. Their work benefits not just seniors, but the entire Dutchess community, with the annual value of Office for the Aging volunteers' work coming to well over $1 million.

Regardless of your age, skills, or ability to travel, the Office for the Aging offers ways for you to help. Please read more about the opportunities available, and feel free to get in touch with us with any questions.

Best regards,

Todd Tancredi, Director
Dutchess County Office for the Aging

Note: Many OFA volunteer opportunities have been suspended until further notice due to the COVID-19 pandemic, while the need for volunteers in other areas has grown tremendously. We need volunteer help, now more than ever.

Home Delivered Meal Drivers

Our drivers deliver thousands of nutritious meals every week, in all areas of Dutchess County. Since the coronavirus/COVID-19 pandemic began, the number of homebound seniors has more than tripled, and the need for home delivered meals has likewise more than tripled. Volunteers have been stepping up to meet the need, and we anticipate needing more volunteers for the rest of 2020.

Seniors tell us they look forward not only to the food, but to our delivery staff. For many seniors who live alone, the visit from our driver may be their only contact with people, and that period of socialization is key to helping seniors continue to live safely at home for as long as possible, particularly during the COVID-19 panic when physical separation is key to safety and making social connections becomes more difficult

Health Insurance Counseling

Volunteers are always welcome in our Health Insurance Information, Counseling and Assistance Program (HIICAP). No prior health insurance business experience needed; training and certification are provided. Our HIICAP volunteers provide impartial information about Medicare, Medigap policies and supplemental choices, Medicare Advantage Programs, other insurance questions, Medicare Prescription Drug Plans, EPIC, benefit programs and long term care insurance choices.

All counseling is currently being done remotely.

Office Help

Serving Dutchess County's estimated 60,000 seniors means a lot of correspondence to fold, envelopes to stuff and brochures to arrange. Help us communicate with your senior friends and neighbors!

Since the pandemic began, we've increased our correspondence with Dutchess County's seniors, so our need for volunteer office help has grown as well.

Our facilities in Poughkeepsie are equipped for safe social distancing.

OFA Events

Due to the pandemic, the annual Office for the Aging Senior Picnic program is being replaced for the Summer 2020 season with a series of curbside "pick-up picnics." We anticipate needing volunteer help at these alternative picnics, same as we would for a traditional Senior Picnic. Volunteers of all ages are welcome; volunteers under age 18 will require a parent's signature on a waiver.

Other OFA Programs

Our popular Senior Exercise, A Matter of Balance and Tai Chi programs are currently suspended due to the pandemic, but we're planning to resume them as soon as we can safely do so. Feel free to sign up for future volunteering opportunities.

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