

Dutchess County Office for the Aging

Case Management
Information, Referral and Advocacy
Continuing Care
Nursing Home Information
NY Connects
Caregiver Support
Senior Friendship Centers
Home Delivered Meals
Nutrition Education
Summer Senior Picnics
Drive-In Bingo
Nutrition Counseling
Benefit & Entitlement Counseling
Health Insurance Counseling & Assistance
Legal Assistance
Housing Information
Home Energy Assistance
Medical Transportation
Volunteer Opportunities
Brain Games
Senior Exercise Program
A Matter of Balance
Tai Chi
Successful Aging presentations
Scam Prevention presentations

The Dutchess County Office for the Aging is a County Agency funded under Title III of the U.S. Older Americans Act, the New York State Office for the Aging, and the County of Dutchess.

Updated August 2021

Dutchess County Office for the Aging

114 Delafield St • Poughkeepsie NY 12601
845-486-2555 • 866-486-2555

Marcus J. Molinaro
County Executive



Todd Tancredi
Director
Office for the Aging

Volunteer Opportunities

Dutchess County
Office for the Aging

845-486-2555

Email: ofa@dutchessny.gov



www.dutchessny.gov/aging

VOLUNTEER REGISTRATION FORM

Dutchess County Office for the Aging
114 Delafield St., Poughkeepsie, NY 12601

What type of volunteer activity are you interested in? Check all that apply. Volunteering may be adapted or suspended as needed due to COVID-19 safety precautions.

- | | |
|---|--|
| <input type="checkbox"/> Home Delivered Meals Driver | <input type="checkbox"/> Tai Chi Class Leader |
| <input type="checkbox"/> Health Insurance Counseling (HIICAP) | <input type="checkbox"/> Exercise Class Leader |
| <input type="checkbox"/> Brain Games Leader | <input type="checkbox"/> Senior Events Helper (Picnics, Bingo, etc.) |
| <input type="checkbox"/> Senior Friendship Center Helper/Leader | <input type="checkbox"/> Office Assistance |
| <input type="checkbox"/> "A Matter of Balance" Coach | <input type="checkbox"/> Other OFA Assistance (entertainment, art, etc.) |

----- **PLEASE PRINT** -----

Last Name _____ First Name _____ Middle Initial (if any) _____

FULL Mailing Address _____

Home Phone _____ Mobile Phone _____

Date of Birth _____ Email _____

Emergency Contact _____ Phone _____

Please circle all days you can be available: MON TUES WED THURS FRI

Time(s) you are usually available _____

Please describe any medical limitations: _____

Are you fluent in any foreign languages? If so, which one(s)? _____

Briefly describe your technology skills (check one): little or none moderate expert

Previous volunteer experience _____

What type of transportation will you use to get to your volunteer assignment? _____

Personal Reference _____

Address _____

Phone _____ Email: _____

Because you may have direct contact with the elderly, the County may initiate inquiries into your personal history including searches of police and motor vehicle files. By signing the form below you hereby grant the County permission to make any such search or investigation.

Volunteer Signature

Your 9 Digit NYS Driver's License ID Number

Today's Date

Volunteering with the Dutchess County Office for the Aging

Friends,

We at the Office for the Aging could not provide many of our essential services for Dutchess County's senior population without the hard work of hundreds of volunteers. Their work benefits not just seniors, but the entire Dutchess community. The annual value of Office for the Aging volunteers' work comes to well over \$1 million.

Regardless of your age, skills, or ability to travel, the Office for the Aging offers ways for you to help. Please read more about the opportunities available, and feel free to get in touch with us with any questions.

OFA volunteer opportunities have been adapted as needed to meet public health safety requirements. The need for volunteers in all areas of aging services has grown tremendously since the COVID-19 pandemic began. We need volunteer help, now more than ever.

Best regards,



Todd Tancredi, Director
Dutchess County Office for the Aging

Home Delivered Meal Drivers and Senior Friendship Center helpers

Our drivers deliver thousands of nutritious meals every week, in all areas of Dutchess County. Since the coronavirus/COVID-19 pandemic began, the number of homebound seniors has grown greatly, and the need for home delivered meals has likewise grown. Volunteers have been stepping up to meet the need, and we anticipate needing more volunteers for the foreseeable future.

Seniors tell us they look forward not only to the food, but to our delivery staff. For many seniors who live alone, the visit from our driver may be their only contact with people, and that period of socialization is key to helping seniors continue to live safely at home for as long as possible, particularly when physical separation is key to safety and making social connections becomes more difficult.

Drivers operate out of OFA Senior Friendship Centers throughout the county. Volunteers are also needed to assist seniors at the Friendship Centers - and if you have a specific talent or skill that seniors would find helpful or enjoyable, we'd love to hear from you.

Health Insurance Counseling (HIICAP)

Volunteers are always welcome in our Health Insurance Information, Counseling and Assistance Program (HIICAP). No prior health insurance business experience needed; training and certification are provided. Our HIICAP volunteers provide impartial information about Medicare, Medigap policies and supplemental choices, Medicare Advantage Programs, other insurance questions, Medicare Prescription Drug Plans, EPIC, benefit programs and long term care insurance choices.

Office Help

Keeping Dutchess County's estimated 65,000 seniors informed means a lot of correspondence to prepare, envelopes to stuff, and brochures to arrange. Help us communicate with your senior friends and neighbors!

Since the pandemic began, we've increased our correspondence with Dutchess County's seniors, so our need for volunteer office help has grown as well.

Our facilities in Poughkeepsie are equipped for safe social distancing.

OFA Events

OFA hosts a wide range of events in Dutchess County that require volunteer help, both indoors and outdoors, following federal and state safety guidance. Volunteers of all ages are welcome; volunteers under age 18 will require a parent's signature on a waiver.

Other OFA Programs

We have resumed our popular Senior Exercise, A Matter of Balance and Tai Chi programs under the latest New York safety guidance. Please sign up for future volunteering opportunities.

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