



Mission Statement

The Dutchess County Office for the Aging/NY Connects plan, coordinate and provide an array of community based services to the elderly and persons who require assistance in the long term care system, in an effort to promote independence, dignity and quality of life.

Through its distinctive role of committed advocate and community partner, the agency strives to ensure clients' needs will continue to be met now and in the future.



Dutchess County Office for the Aging 2019-20 Annual Update

Abstract

Each year as part of its planning process, the Dutchess County Office for the Aging and its Advisory Board conduct public hearings to obtain comments on services and service needs for senior citizens and their caregivers. This publication provides a summary of current services and plans for 2019-20.

We welcome your input and questions; contact us at 845-486-2555, in writing at 27 High Street, Poughkeepsie, NY, 12601 or visit our website:

www.dutchessny.gov/aging

2018 Public Hearings Schedule

Wednesday, September 26th 11 AM

Beacon Senior Friendship Center

1 Forrestal Heights, Beacon

Thursday, September 27th 11 AM

Red Hook Senior Friendship Center

59 Fisk Street, Red Hook

All Public Hearing locations are handicapped accessible. Persons requiring special accommodations in order to take part in the Public Hearings should contact the Dutchess County Office for the Aging no later than two weeks prior to the scheduled event.

Services Provided

A variety of services are provided by the Office for the Aging, both directly and through subcontracts with local providers. Below is a listing of services delivered between April 1, 2017 and March 31, 2018.

Services provided through the Annual Update are funded through a combination of Dutchess County funds, federal funds, state funds, and client contributions and cost share.



<i>Service</i>	<i>Units of Service</i>	<i>Clients Served</i>	<i>Expenditures</i>
Personal Care	33558	375	\$ 498,982
Social Adult Day Care	3708	13	\$ 45,950
Case Management	7461	704	\$ 478,060
Home Delivered Meals	142021	702	\$ 1,255,852
Congregate Meals	40183	479	\$ 334,484
Nutrition Counseling	100	34	\$ 2,465
Transportation	24560	194	\$ 258,693
Legal Services	641	259	\$ 38,424
Nutrition Education	25372	725	\$ 20,881
Information & Assistance	11365	1988	\$ 554,500
Outreach	675	710	\$ 5,396
In Home Contact & Support	2461	29	\$ 5,898
Senior Center Recreation & Education	1476	331	\$ 88,455
Health Promotion	51325	549	\$ 32,578
PERS	3445	383	\$ 57,805
Caregiver Services	123	143	\$ 23,184
Other (Public Information, Energy Services, Minor Home Modifications, Overnight Respite, Grandparents Respite, Farmers Market Coupons)	N/A	N/A	\$ 53,155
Total Expenditures			\$ 3,754,762



Client Profiles

Services provided by the Dutchess County Office for the Aging are targeted to those who are most vulnerable. The chart below depicts some information regarding clients served between April 2017 and March 2018.

Demographics of Clients Receiving Non-Medicaid Community Based Long Term Care		
<i>Target Group</i>	<i>% in clients served</i>	<i>% in Dutchess County 60+ population</i>
Low Income	28.90%	14.70%
Age 75+	42.69%	33.87%
Age 85+	20.39%	10.21%
Frail/Disabled	36.75%	23.61%
Live Alone	39.46%	26.02%
Minority	11.64%	24.28%

Impact on the Lives of Seniors and Caregivers

Outcome and Client Satisfaction research conducted by the Office for the Aging has found that the services offered have a significant impact in assisting seniors to remain independent in the community and in relieving caregiver stress and burden. Clients express a high degree of satisfaction with services provided and have identified other outcomes as well.





2018 Initiatives and Accomplishments

The Office for the Aging had the following accomplishments during 2017-18:

- Relocated our Senior Friendship Center covering northern Dutchess County to a more spacious home in the Red Hook Community Center, and added a fifth day of operation there. The Center is now opened Monday through Friday.
- Provided over 140,000 daily Home Delivered Meals to over 600 seniors throughout Dutchess County.
- Conducted unused prescription drug take back program at all 12 senior picnics.
- Conducted a needs assessment survey of senior citizens and caregivers in preparation of OFA Four Year Plan prepared for NYSOFA.
- Distributed client satisfaction surveys in all program with results reporting superior levels of satisfaction.
- Published the first annual "Spotlight on Seniors" focused exclusively on Medicare.

2019-20 Planned Activities

The Office for the Aging plans the following initiatives for 2019-20:

- Transition into the new OFA building with no impact on services.
- Improved programming at the Senior Friendship Centers.
- The addition of Fridays to the East Fishkill Friendship Center schedule.
- Creation of a new presentation for seniors and caregivers focused on scam and fraud prevention.

Marcus J. Molinaro
Dutchess County Executive



Todd N. Tancredi
Director
Office for the Aging