

# Beacon Friendship Center - May 2023

(open 10a-2p Mon-Fri)

Dutchess County Office for the Aging  
 114 Delafield St  
 Poughkeepsie NY 12601  
 845-486-2555 • dutchessny.gov/aging



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Coffee Social Hour Bingocize (12:45)	AM Brain Games Scam Information Session (1:00)	Grocery Shopping: ShopRite* PM Bingo	AM Art Project Bingocize (12:45)	Coffee Social Hour <b>Cinco de Mayo Celebration</b>
8	9	10	11	12
Coffee Social Hour Bingocize (12:45)	AM Brain Games Movie (12:30-2:00)	Grocery Shopping: Walmart* PM Bingo	AM Art Project Bingocize (12:45) <b>Mother's Day Celebration</b>	Coffee Social Hour AM Chair Exercise and Movement
15	16	17	18	19
Coffee Social Hour Bingocize (12:45)	AM Brain Games PM Birthday Celebration	Grocery Shopping: ShopRite* PM Bingo	AM Brain Games Bingocize (12:45)	Coffee Social Hour AM Chair Exercise and Movement
22	23	24	25	26
Coffee Social Hour Bingocize (12:45)	AM Brain Games PM Art with Victoria	Grocery Shopping: Walmart* PM Bingo	Brunch Outing (10:30) Destination to be determined Signup required	Coffee Social Hour PM Health Information Program (topic to be determined)
29 - Memorial Day	30	31	<b>Beacon DCOFA Friendship Center</b> <b>1 Forrestal Heights</b> <b>845 - 838 - 4871</b>	
<b>OFA Offices and Friendship Centers Closed</b>	AM Nutrition with Nimesh PM Art with Victoria	AM Grocery Shopping: Walmart** PM Bingo		

\* Transportation 10am for ShopRite/Walmart for Beacon residents.

\*\* Fishkill and Wappinger residents shop weekly at 2pm for ShopRite and end of month 2pm for Walmart.

**Reservations required for all shopping trips and brunch outings. Call the site or sign up in person to make a reservation.**