

Tri-Town Friendship Center - May 2023

(open 10a-2p Mon-Thu)

Dutchess County Office for the Aging
 114 Delafield St
 Poughkeepsie NY 12601
 845-486-2555 • dutchessny.gov/aging



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
A Matter of Balance Music	Crafts w/Abilities Round the Room Activities Review	Salsa Music Dominoes	Bingo with Yvonne Crochet Brain Games	Home Delivered Meals Only
8	9	10	11	12
A Matter of Balance Music	Crafts w/Abilities Board Games Crochet	<i>Caregiver Conference @ Grandview Games Music</i>	Morning Coffee Chat Bingo Crafts Music Mother's Day Celebration	Home Delivered Meals Only
15	16	17	18	19
A Matter of Balance Music	Crafts w/Abilities Newsletter Review	Food Shopping (Adams)	Fun Time with Yvonne	Home Delivered Meals Only
22	23	24	25	26
A Matter of Balance Music	Crafts w/Abilities Round the Room Music Crochet	Movie Day Puzzles Games	Ready for Summer Beach Party	Home Delivered Meals Only
29 - Memorial Day	30	31	Tri-Town DCOFA Friendship Center 1576 Main St. (US 44), Pleasant Valley 845 - 275 - 8565	
OFA Offices and Friendship Centers Closed	Crafts w/Abilities Coffee and Tea Social May Birthdays	Lunch Outing (Four Brothers)		