

# February 2026 Menu

Dutchess County Office for the Aging - Nutrition  
 114 Delafield St  
 Poughkeepsie NY 12601  
 845-486-2555 • dutchessny.gov/OFANutrition



All meals served with 1/2 pint of 1% milk • Meals subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Turkey Macaroni Casserole Winter Mix Vegetables Whole Wheat Bread Cookies	Chicken and Gravy Mashed Potato Green Peas Whole Wheat Bread Fruit Cocktail	Sweet and Sour Pork Parslied Potatoes Brussels Sprouts Whole Wheat Bread Applesauce	Chicken Creole with Mixed Vegetables Rice Whole Wheat Bread Peaches	Cheese Omelet Hash Brown Sliced Carrots Whole Wheat Bread Pudding
9	10	11	12 - Lincoln's Birthday	13
Chicken Nuggets Rice and Black Beans Mixed Vegetables Whole Wheat Bread Cookies	Italian Meatballs Rotini and Sauce Italian Mixed Vegetables Whole Wheat Bread Mandarin Oranges	Ham Steak Sweet Potatoes Cauliflower Whole Wheat Bread Pineapple	OFA Offices and Friendship Centers Closed	Stuffed Shells in Marinara Sauce Broccoli Whole Wheat Bread Pears
16 - Presidents Day	17	18	19	20
OFA Offices and Friendship Centers Closed	Macaroni and Cheese Stewed Tomatoes Whole Wheat Bread Cookies	Chicken Parmesan Rotini and Sauce Italian Mix Vegetables Whole Wheat Bread Peaches	Meatloaf and Gravy Mashed Potatoes Green Beans Whole Wheat Bread Applesauce	Fish Sandwich Rice and Beans Diced Carrots Hamburger Roll Mandarin Orange
23	24	25	26	27
Barbecue Rib Patty Baked Beans Buttered Corn Whole Wheat Bread Cookies	Chili and Cheese Rice Broccoli Whole Wheat Bread Pears	Swedish Meatballs Buttered Pasta Green Peas Whole Wheat Bread Fruit Cocktail	Sliced Turkey and Gravy Mashed Potato Capri Mixed Vegetables Whole Wheat Bread Pineapple	Hamburger on a Bun Hash Brown Mixed Vegetable Whole Wheat Bread Pudding

*If you have a food allergy, contact OFA at 845-486-2555 or ofa@dutchessny.gov*

Sue Serino • County Executive

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Todd N. Tancredi • Director, Office for the Aging