

FAMILY & HUMAN SERVICES COMMITTEE

OF THE

DUTCHESS COUNTY LEGISLATURE

Thursday, April 4, 2019

Committee Chair Thomes called the committee to order at 5:35 p.m.

PRESENT: 10 BLACK, BOLNER, GARITO, HORTON, HOUSTON,  
JETER-JACKSON, MUNN, PULVER, SAGLIANO, and  
ZERNIKE

ABSENT: 1 THOMES

PRESENT/LATE: 1 LLAVERIAS

QUORUM PRESENT

Committee Vice Chair Houston entertained a motion from the floor, which was seconded and carried, to allow the public to address the Committee on agenda items.

No one wishing to speak, Committee Vice Chair Houston entertained a motion from the floor, which was seconded and carried to resume the regular order of business.

**2019097** AUTHORIZING AMENDMENT OF FUNDING UNDER THE WORKFORCE  
INNOVATION & OPPORTUNITY ACT (WIOA) FOR THE OPIOID NATIONAL  
DISLOCATED WORKER GRANT

On motion by Assistant Majority Leader Bolner, duly seconded by Legislator Horton, the Family & Human Services Committee unanimously adopted the foregoing resolution with Legislators Llaverias and Thomes being absent.

**2019098** AMENDING THE 2019 ADOPTED COUNTY BUDGET AS IT PERTAINS TO THE  
DEPARTMENT OF BEHAVIORAL AND COMMUNITY HEALTH

On motion by Assistant Majority Leader Bolner, duly seconded by Majority Leader Sagliano, the Family & Human Services Committee unanimously adopted the foregoing resolution with Legislators Llaverias and Thomes being absent.

Presentation: On Addiction/Recovery Services attached hereto.

There being no further business the meeting was adjourned.



# Residential Rehabilitation Services in Dutchess County

April 2019

# Why RRS in Dutchess County?

- It is the drug rehab program type that is most likely to help individuals maintain long-term recovery
- Provides a combination of medically-supported treatments and various types of therapy making the approach most likely to result in the outcome and long-term maintenance of recovery
- DC Community Substance Abuse Treatment Availability Analysis reveals lack of local term beds (up to 90 days) during a historical opioid crisis
- Given the current arc of the opioid crisis and the focus on co-occurring disorders, residential services is a vital community need



There was identified need for a stand-alone program incorporating the three levels of treatment intervention under an OASAS license...

## Part 820 Elements

- Stabilization
- Rehabilitation
- Reintegration

# Why St. Joseph's



# St. Joseph's Proposes...

- ***Gender Specific Rehab Beds***



- ***Medication Assisted Treatment***
  - ***Sober Living***
- ***Peer Recovery Specialists***

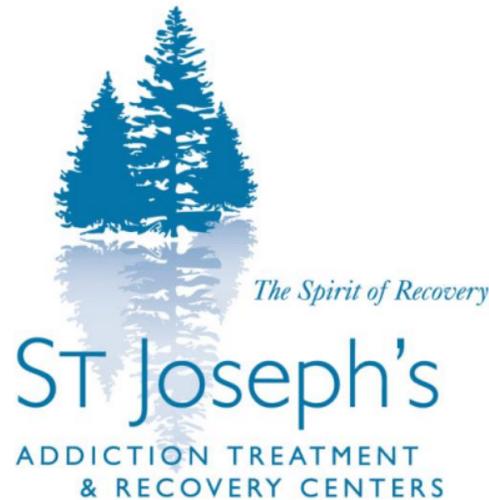
# Gender Specific Rehab Beds

DC has not had gender specific rehabilitation beds, which is consistently recognized as best practice by peer-reviewed and government-sponsored research.

- 27-Bed, **all male rehabilitation program** (Catherine Street Center Building in Poughkeepsie)
  - Outpatient clinic services, including the provision of Medication Assisted Treatment (MAT)
  - Long-term treatment (90 days)
  - Opportunities for shared-staffing and the development of a strong recovery community
- Transition Joseph's House to a 12-bed **all-female rehabilitation program**, until such times as St. Joseph's converts a nearby convent into a 15-bed rehabilitation program.

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- Medication Assisted Treatment
    - Harmonizing with DBCH's 24-hour crisis services
  - Sober Living for this in Recovery
    - Need for increased permanent supportive apartment units
  - Peer Recovery Specialists
    - Engaging in all levels of care, consistent with best practices for substance abuse treatment

# St. Joseph's Addiction Treatment & Recovery Centers



- MISSION
- HISTORY
- PROGRAMS
- VISION
- CERTIFICATIONS, AWARDS, GRANTS
- DUTCHESS COUNTY

## MISSION



The mission of St. Joseph's is to promote healing and recovery for individuals, as well as their families, suffering from substance use disorders and problem gambling.

We offer these services with a commitment to providing effective, professional and quality treatment. Our services are enhanced by our belief in the spiritual nature and inherent dignity and worth of each individual.

# HISTORY

- 1971 - St. Joseph's Rehabilitation Center opens in Saranac Lake.
- In 1981 the Family Program, the first residential family treatment component in the State, begins and continues today teaching co-dependent individuals about the disease of addiction.
- To more fully serve the community, Outpatient clinics are established in 1986 in Saranac Lake, Malone, Elizabethtown, Ticonderoga, and Lake Placid. Additional clinics now operate in Massena, Keeseville, and Tupper Lake.
- By 2005, the Fellowship, St. Joseph's alumni organization, enjoys a membership in excess of 4,000 members.
- St. Joseph's becomes an independently governed agency in 2008. Also that year, St. Joseph's receives funding to construct a residential treatment facility for male veterans and their families to address addiction and co-occurring disorders, including PTSD.
- In 2009, St. Joseph's earns recognition as One of the Best Places to Work for in New York State. 2019 marks our 7<sup>th</sup> acknowledgment.
- In 2010, New York State and the Office of Alcoholism and Substance Abuse Services, awards \$13,000,000 in capital funding to acquire and renovate the Glenwood campus's main, 53,000-square-foot building from the Friars of the Atonement.

- In 2014, the Saranac Lake Chamber of Commerce designates St. Joseph's as the community's "Best Business of the Year".
- In 2015, St. Joseph's acquires Rose Hill adolescent addiction treatment program in Massena, NY.
- In 2016, St. Joseph's receives a \$5.56 million capital grant from the New York State Homeless Housing and Assistance Corporation to establish a 20-unit supportive housing facility in Malone, NY. The Empire State Supportive Housing Initiative also awarded St. Joseph's \$1,500,000 for staffing for the project.
- In 2019, we received \$1,327,000 (to be expended over 5 years) to open similar facilities in Massena, Malone, and Saranac Lake.
- Later this year, St. Joseph's will open a detoxification unit, 24/7 Open Access Center to help direct people to addiction treatment services, and our site of the expanded St. Joseph's Saranac Lake Outpatient Clinic in the Village of Saranac Lake.
- The agency has progressed from a \$5 million operating budget to one of approximately \$16 million over the past decade and today generates an estimated \$30 million in positive economic impact for the local economy.

# PROGRAMS



The Franciscan Friars of the Atonement founded St. Joseph's in 1971 to promote healing and recovery for all who suffer from the disease of alcoholism and chemical dependency on our main Inpatient campus in Saranac Lake in Franklin County.

In 1981 the Family Program, the first residential family treatment component in the State, was begun to educate co-dependent individuals about the disease of addiction.

St. Joseph's Paschal Family Building houses up to 16 visitors and provides families a more therapeutic space to learn and to heal.

Lodging, meals, and if needed, transportation are provided at no cost.



One of eight guest rooms in the Family Building



In 2010, St. Joseph's received \$3,000,000 through a competitive funding process to construct an addiction treatment center for veterans.

And, in 2014, the Col. C. David Merkel, M.D. Veterans Residence opened to serve male veterans and their families.

St. Joseph's Veterans Residence is one of just three Office of Alcoholism and Substance Abuse Services (OASAS) - funded facilities in the State.

Our extended length of stay residential program, which has a capacity for 25 male veterans, includes such features as 24/7 medical care, Eye Movement Desensitization and Reprocessing (EMDR), and our Commissioned Canine Program.





St. Joseph's has established a supportive housing program for individuals and families in recovery from addiction in a historic 1880 residential building in Malone and created a 20-unit service from a budget initially allowing for just 17 units.

Similar services are planned for the communities of Saranac Lake (for male veterans), Ticonderoga (for women and women with young children), Massena, and Elizabethtown.

*Pictured here is one of the standard kitchens in our Malone Supportive Housing facility.*





We are currently renovating a vacant warehouse in the Village of Saranac Lake which will become a detoxification unit; 24/7 Open Access Center to help direct people to addiction treatment services by delivering immediate engagement, assessment, and referral services for people suffering from a substance use disorder; and which will also be the site of the expanded St. Joseph's Saranac Lake Outpatient Clinic.

Inpatient and Detox area

Outpatient area



PROGRAM KEY

- 1 GROUP ROOMS: 864 SF
- 2 COMMON AREA: 662
- 3 NOURISHMENT: 30 SF
- 4 CLIENT ROOMS: 360 SF
- 5 CLIENT ROOMS: 588 SF
- 6 EXAM/LAB: 232 SF
- 7 STAFF WORKSPACE: 206 SF
- 8 STAFF SUPPORT: 668 SF
- 9 STORAGE/JANITORIAL: 313 SF
- 10 BATHROOMS/SHOWERS: 340 SF
- 11 OFFICES: 751 SF
- 12 OPEN ACCESS: 102 SF
- 13 RECEPTION/WAITING: 543 SF
- 14 ENTRY VESTIBULES/AIR LOCKS: 230 SF
- 15 CORRIDORS: 1,198 SF
- 16 MECHANICAL: 221 SF

Importantly, we will realize significant savings through shared staffing and space.

St. Joseph's Rose Hill adolescent residential treatment program in Massena serves clients between the ages of 12 and 20 and provides a safe, secure, and therapeutic setting for our clients to begin their recovery.



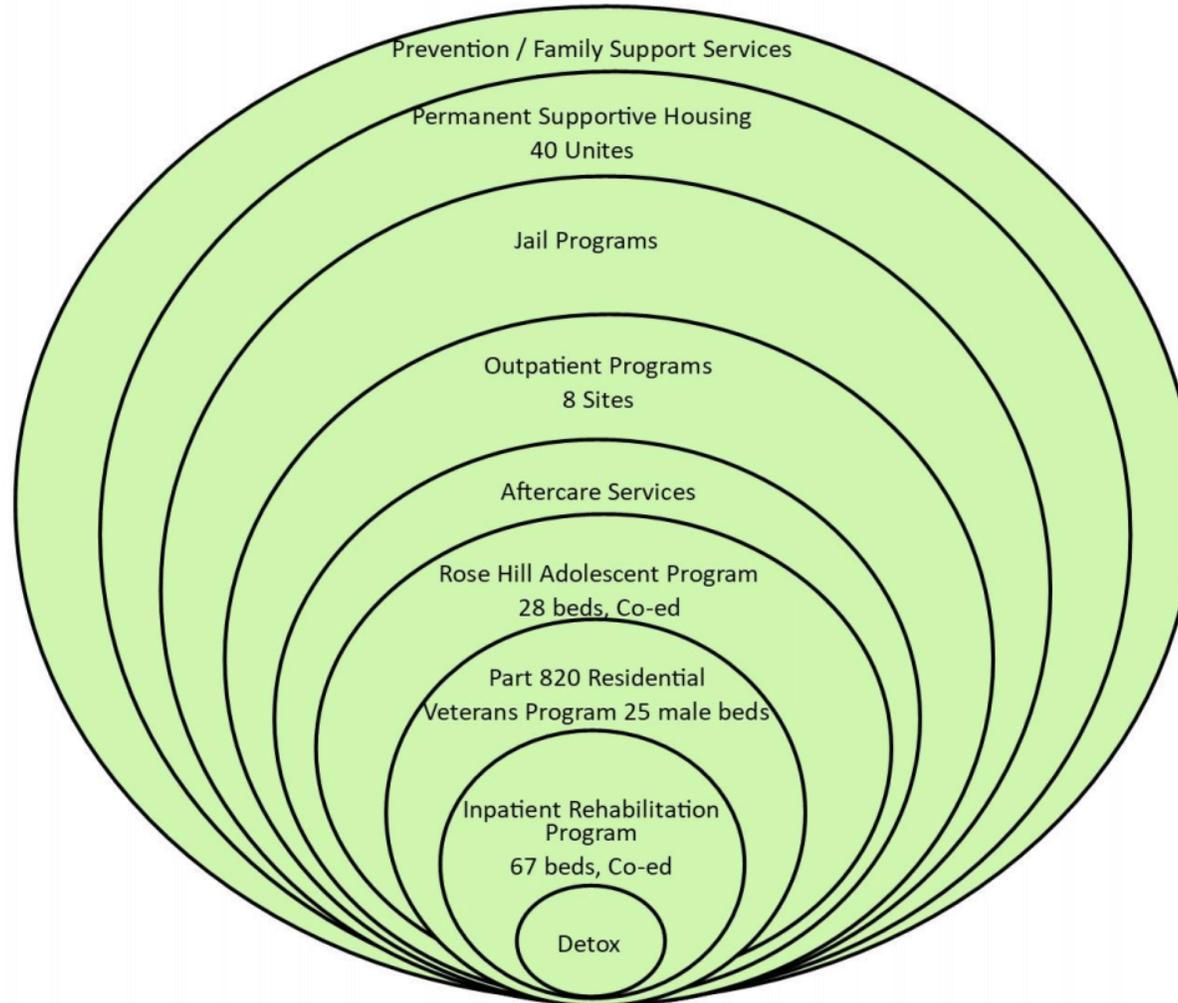


Each resident is assigned a Primary Counselor, Family Counselor, and a Social Worker.

Services include: comprehensive evaluations, Medically Assisted Treatment, ongoing education, psychiatric and psychological care, recreation, and trauma-informed programming.

# VISION

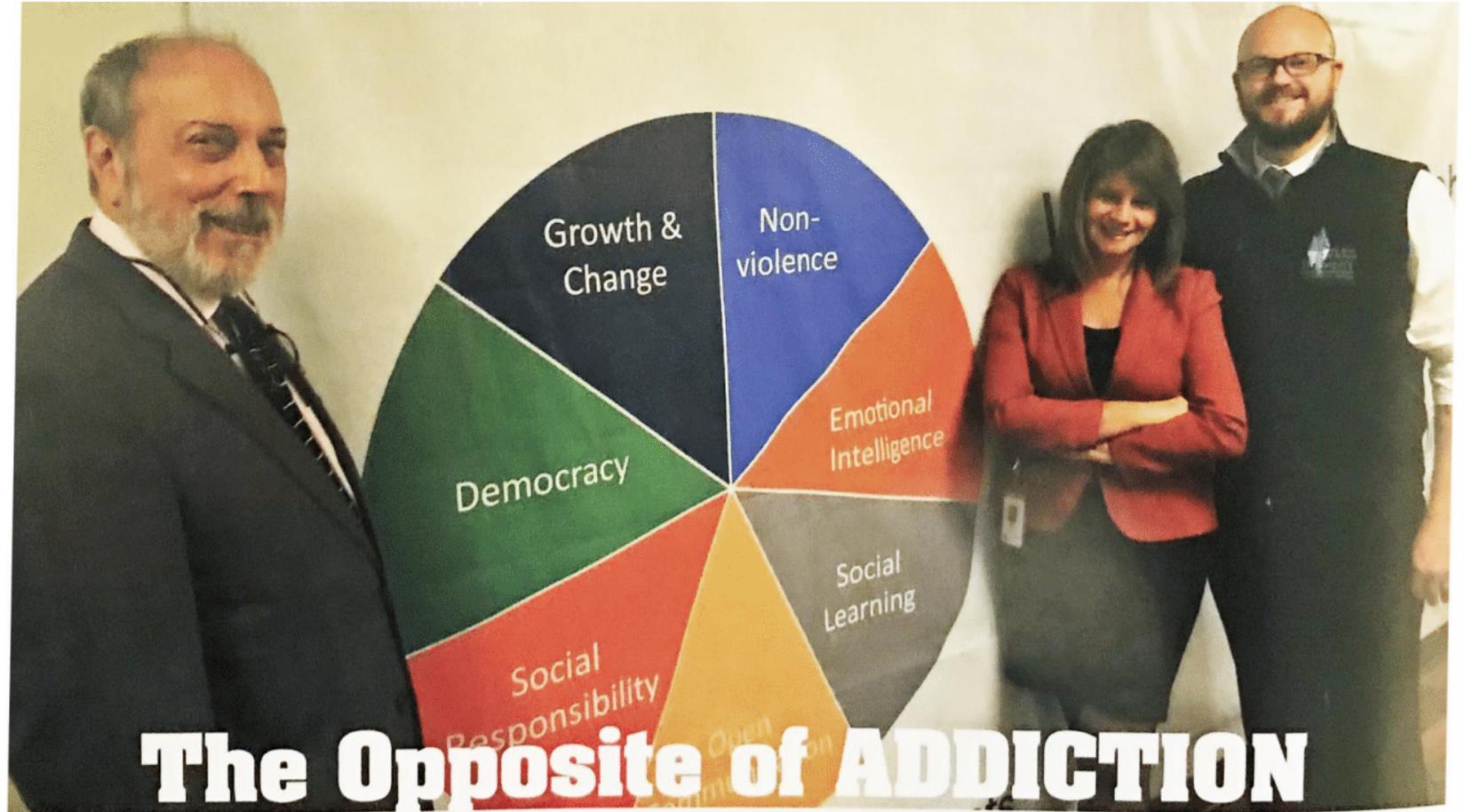
## St. Joseph's Continuum of Care



# CERTIFICATIONS AWARDS GRANTS

## Sanctuary Certification

Our Veterans Program was recently recognized as a Certified Sanctuary Practicing Program - the first Veterans addiction treatment program in the nation to be certified by the Andrus Sanctuary Institute.



**The Opposite of ADDICTION  
is CONNECTION**



## **Best Companies to Work For**

In 2019, St. Joseph's received our 7<sup>th</sup> recognition as a Best Company to Work for in New York State.

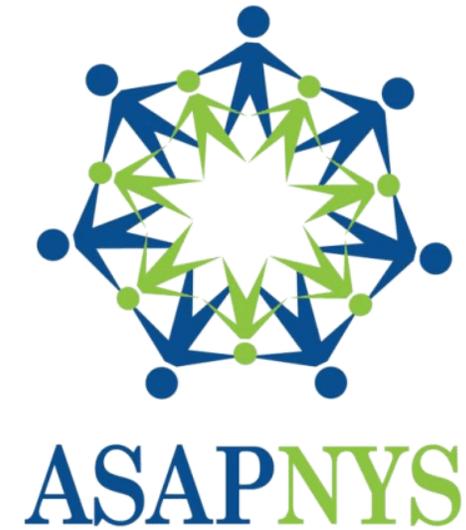
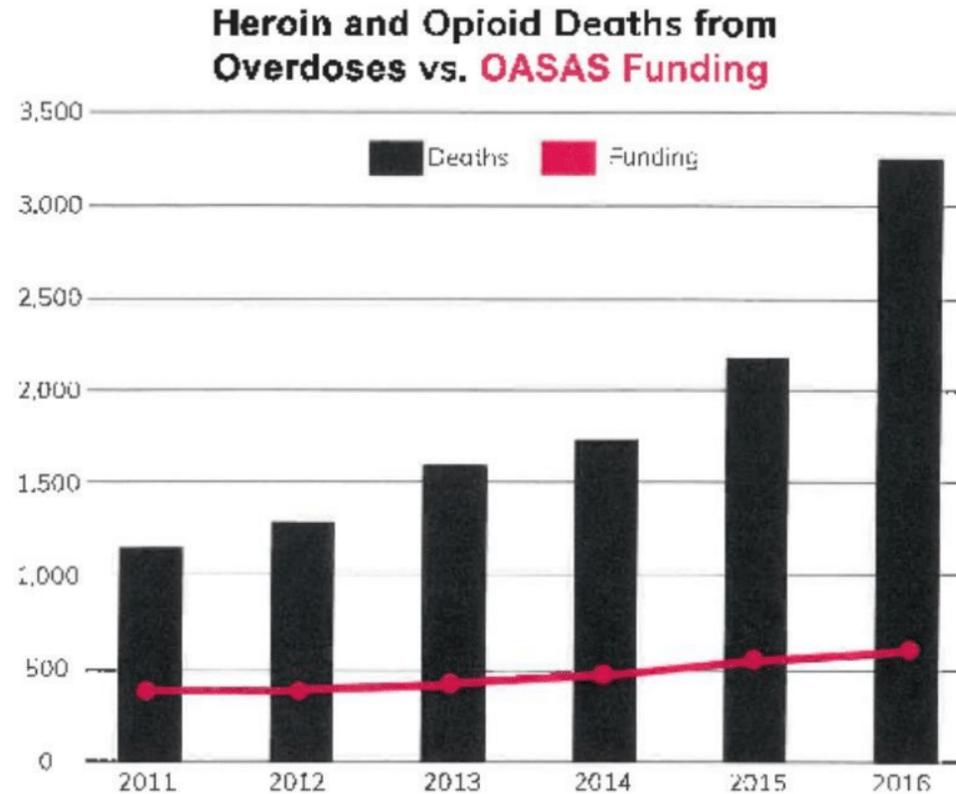


St. Joseph's recently received a three-year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF).

The three-year distinction is the highest level of accreditation CARF awards.

# DUTCHESS COUNTY

## #SuperstormOpioids



*Graphic produced by the Alcoholism and Substance Abuse Providers of New York State (ASAPNYS)*

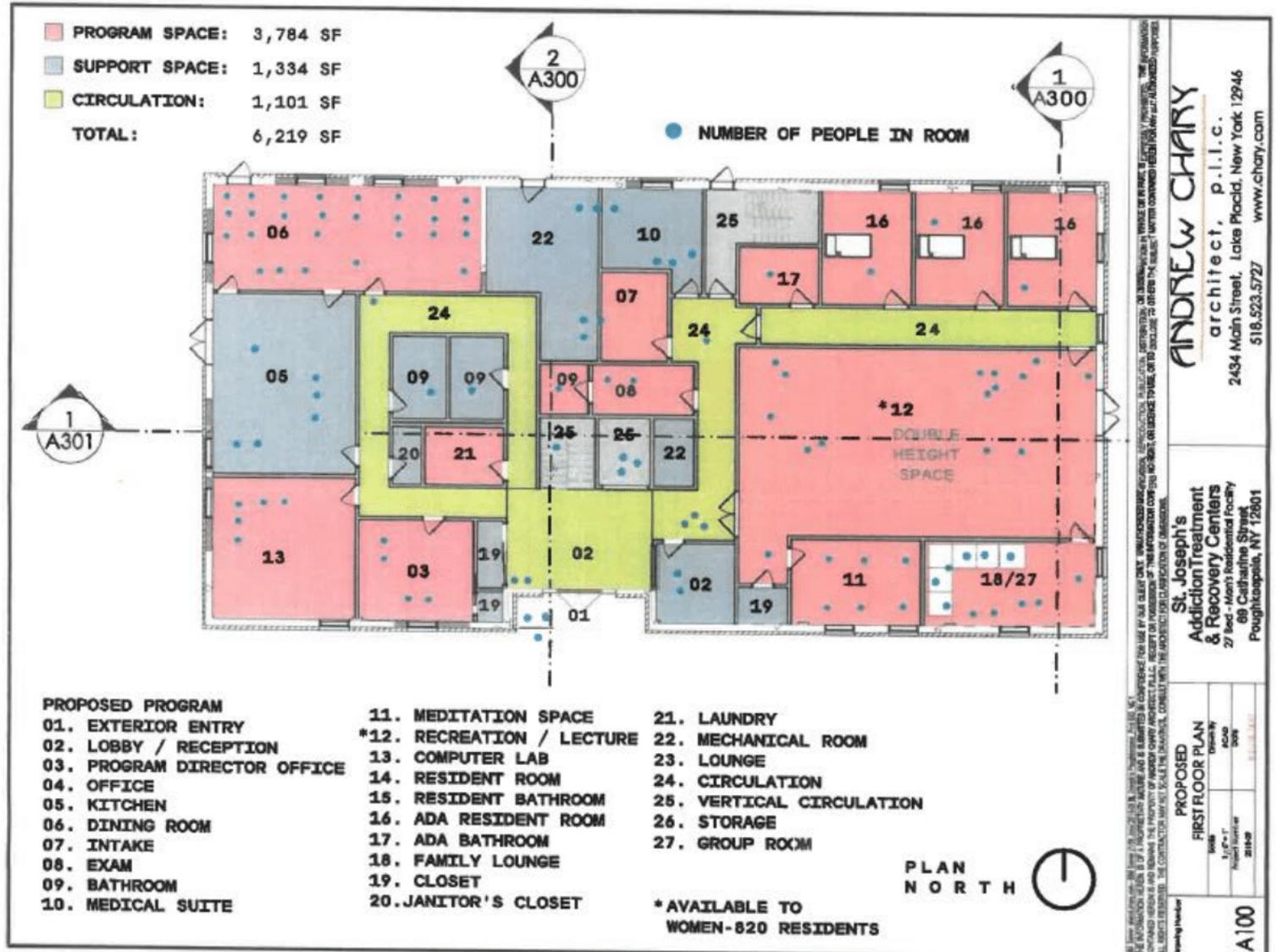


Our Supportive Living facility in Poughkeepsie, “Joseph’s House”, enhances our continuum of care with 6 beds for male residents, and 6 beds for female residents, all of whom are reintegrating into the community.

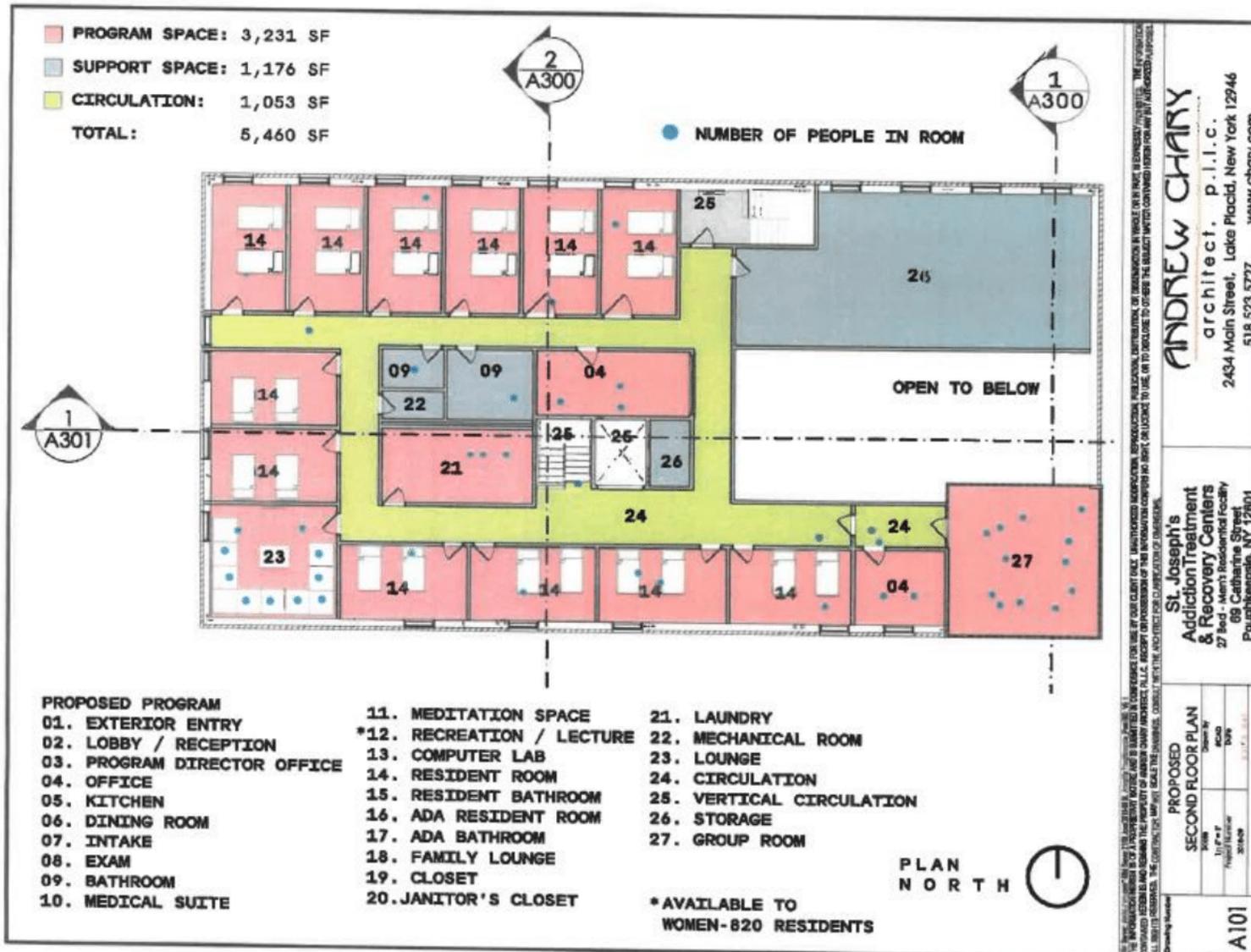
St. Joseph’s has provided services in Dutchess County since 1973, and has invested in excess of \$1,000,000 in Joseph’s House facilities and staffing in the last ten years alone.

**Rendering of proposed St. Joseph's Part 820 Men's Residential Facility at 69 Catherine St., Poughkeepsie, NY**





Proposed First Floor Plan for 69 Catherine St.



Proposed Second Floor Plan for 69 Catherine St.

# In Conclusion...

- Having these unique and scarce services located in DC means more County taxpayer funds will stay in Dutchess.
- As a condition of the financial support from the county, DC would have the opportunity to assist in shaping how these services are provided.
- The proposal states that MAT treatment modalities will be available through both residential and outpatient services.
- The proposed programming would harmonize quite well with the DBCH Stabilization Center (SC) in that it will provide SC staff with an enhanced menu of local referral options for variable lengths of stay for residential treatment.
- May provide the opportunity to work out an agreement to share some prescriber time with the SC as a condition of receiving county support.

# Financial Projections

- Year 1
  - \$128,043
- Year 2 and Year 3
  - Approximately \$200,000 each year in budgeted expense
- Thereafter
  - Self-sustained operations