

Dutchess County Special Populations Work Group

Review of in-Jail Program Options

September 8, 2014

Agenda

- Overview of some best practice jail programs
- Review of existing Dutchess County jail programs
- Discussion of potential core programming in the jail when the inmates return (January/February)
- Other Items

Sullivan County NH Treatment Flow

Assessment

Staff complete an LSI-R Risk/Needs Assessment/ASI

Track 1 or Track 2

Inmates are placed in program based on level of Risk/Need

Track 3 Work Release/Programming

Inmates work full time and participate in treatment groups

Track 4 Post Release

Inmates are transitioned to Electronic Monitoring or Probation Supervision with weekly Aftercare groups

Track 5 Relapse Prevention

Intensive program 30-60 days at Community Corrections ~ enhanced aftercare for minor violations

Core Programs

- Substance Abuse Education (New Directions)
- Substance Abuse Counseling
- Cognitive Curriculum (Thinking for a Change)
- Seeking Safety (Women's programming)
- Anger Management (SAMHSA Curriculum)
- Employment / Job Readiness
- Education
- Family Support Groups
- Parenting Skills
- Family Programming
- Wellness Classes and Stress Management
- Transition and Relapse Prevention Planning
- Co-Occurring Programs
- Aftercare Programming for one year post release

Men's Schedule

TIME	Monday, 8/18	Tuesday, 8/19	Wednesday, 8/20	Thursday, 8/21	Friday, 8/22	Saturday, 8/23	Sunday, 8/24
9:00 AM - 10:00 AM	Criminal and Addictive Thinking Ms. Miles	Co-Occurring Challenges Ms. Charland	Anger Management Mr. Taber	Relationships Ms. Hoyt	Community Meeting/Curent Events Ms. Magee	Recreation Time	Recreation Time
10:15 AM - 11:45 AM	Wellness and Stress Management Nurse Bowman	Starting Out Mr. Sanborn	Co-Occurring Challenges Ms .Charland	Drug and Alcohol Education Ms. Magee	Coping Skills Ms. Charland	Relapse Prevention 10 AM to 11 AM	Study Time
1:00 PM – 2:00 PM	Thinking for a Change Mr. Cameron	4-H for Life Ms. Kennedy (1-3pm)	Hi-Set Tutoring Mr. Sanborn	Assignment Ms. Charland	Drug and Alcohol Education Ms. Magee	Unit Recreation	Unit Recreation
2:00 PM – 2:45 PM	Break		Break	Break	Break	Break	Break
2:45 PM – 4:00 PM	Coping Skills Ms. Charland	3pm Break	Thinking for a Change Mr. Cameron	Criminal and Addictive Thinking Ms. Miles	Ms. Magee	Study Time	Study Time
4:00 PM-6:00 PM	Dinner/Study Open Classroom	Dinner/Study Time Open Classroom	Dinner/Study Time Open Classroom	Dinner/Study Time Open Classroom	Dinner/Study Open Classroom	Dinner/Study Open classroom	Dinner/Study Open Classroom *

Franklin County

Key TJC Intervention Elements

Tools used to gauge risk and need

- Proxy at Booking
- LS/RNR for Sentenced Offenders

TJC Target Population

- Sentenced w/ Projected LOS > 60 days

Key TJC Intervention Elements, cont....

- **ISP for Sentenced w/ Projected LOS > 60 days**
- **Key Services**
 - T4C
 - Anger Management
 - Substance Abuse Treatment & Support
 - Education
 - Reentry Coordination
 - Seeking Safety
 - Start Now
 - Vocational Programs
 - Job Readiness
 - Job & Community Services Placement
 - Case Management

Kent County Reentry Services

Kent County Reentry Pod – 32 bed Pod w/ two similar yet distinct populations

- 20 beds for high risk to recidivate clients
- 12 beds for high risk to recidivate clients who also have a co-occurring substance abuse and mental health disorder (Valued Community Member Program (VCM))

Client Screening

- PROXY tool (Risk of Recidivism tool) administered on all potential participants with only 2 or 3's eligible – targeting only high risk clients
- For the VCM program verification of a substance use and mental health disorder
- Verification client will be in jail 70-90 days to allow for assessment, reentry planning, and at least 200 hours of CBT treatment
- Treatment staff interview each client to verify co-occurring disorders and review the program with the offender
- Clients have to agree to enter the program

Targeted Intervention - Post Release

Valued Community Member program

- Outreach based case management – up to one year
- Outreach and office based substance abuse / mental health treatment / CBT – up to one year
- Continuation of Ready 4 Work
- Coordination with Probation
- Psychiatric services

Reentry Pod

- Probation officers provided with copy of reentry plan to ensure follow through
- Probation officer meets with clients in jail

Office based substance abuse / mental health treatment

- Referral to substance abuse and mental health treatment
- Continuation of Ready 4 Work
- Coordination with Probation

Kent Schedule

B2D Program Pod							
TIME	MON	TUE	WED	THR	FRI	SAT	SUN
9:00AM	T4C	T4C JOB	T4C	T4C	T4C		
10:00AM							
11AM-1PM	L	U	N	C	H		
1:00PM	SAE VCM	JOB	GED / KI Real / VCM	SAE VCM	COM		PROT
2:00PM	GED		Testing	GED	VIP		
3:00PM							
4PM-5PM	D	I	N	N	E	R	
5:00PM		AA / NA			AA / NA	AA / NA	AA / NA
6:00PM	VAA		VAA	VAA			
7:00PM		BARB		GED			
8:00PM							
9:00PM							
10:00PM							

Protestant Church Services are on Sunday 1:05 – 1:45pm

GED = GED prep class

BARB – Trusty Barber

VIP = Victim Impact Program

VAA = Volunteer led AA meeting

VCM = Hazelton Substance Abuse groups (VCM clients only)

AA-NA = Self Led Recovery Meetings

JOB = Job Readiness

Catholic Service is Saturday at 7pm

COM = Commissary

T4C = Thinking for a Change

SAE – Substance Abuse Education (Reentry Clients)

PROT = Protestant Church Services

K1 Real = Responsible Manhood

Officer Notes

Self-Led Recovery Meetings are expected to be held daily at 5pm in the classroom

These are listed as RECOVERY on the schedule

Outside volunteer led meetings are at 6pm and are indicated on the schedule as VAA

All pod residents are welcome, but only VCM clients are expected to participate

These meetings are held in the classroom, whether self-led or led by outside volunteers (This changed on 10/3/11)

Program clients who are top-locked should still be let out and expected to participate in their scheduled program activities

Case managers may pull individuals into the classrooms for 1x1 meetings during the 12-1pm portion on the afternoon lockdown

Dutches County Jail Key Programs and Classes

- Substance Abuse Group
- Anger Management
- Employment Readiness/Job Skills Group
- Domestic Abuse and Awareness
- Women's Group
- Trauma Group
- Thresholds group
- Creative Writing
- Individual Counseling

Programming Next Steps

- Should there be a target program for high risk offenders?
- Should there be a targeted length of stay?
- Should there be targeted Core Programs?
- Should there be curricula that is evidence based?
- Where would this programming occur?

Targeting Offenders for Programming

- How will offenders be targeted for programming? Risk need and length of stay
- Based on risk/need or length of stay - or a combination of both? The committee confirmed it would be driven by risk need and length of stay
- Would this be driven by the COMPAS risk need Assessment ? Yes

Jail Program

- What the core program would look like:
 - For men
 - For women

Program Location

- The committee felt that the Transition units 22 and 23 for men and women would be the best location for the programming the superintendent also agreed with this.

Next Steps for Programming

Action Step	Who will be Responsible?	What needs to be done by When?
Review of data regarding risk level	Gary will work with Bill	September 30
Identification of Target population Risk Need and length of stay	Committee	During our next meeting on October 6 th
Discussion and recommendation of Core Programming	Kevin Committee	September 30 th
Follow-up on potential Curriculum options	Kevin Onaje review and discussed by the committee	September 30 th