



Dutchess County Community Health Improvement Plan Update

Greetings CHIP Partners,

We are very excited as we wind down the current cycle of our Community Health Improvement Plan (CHIP) and begin to plan for a new cycle together with our community and healthcare partners in accordance with the NYS Prevention Agenda.

Please join us on Thursday, May 30th for our 2019 Community Health Improvement Plan Forum!

At this year's forum, we will review the interventions included in the current plan, the accomplishments, and the benchmarks met, as well as what we will continue to do. This newsletter contains highlights of our progress in 2018 in our current priority areas.

We will also look at our current health landscape to include data from regional surveys, and information from local community organizations and focus groups, as well as direct input from our partners to develop the new CHIP.

Your participation is imperative for the formation of the next Community Health Improvement Plan - developed by and for its partners and community members.

Thanks to all of you and the work you do, to ensure that Dutchess actively maintains and constantly strives to improve its standing as a beautiful and healthy place to live, work, and play!

Liz Connolly

Prevent Chronic Disease

In this current CHIP cycle, the Chronic Disease Workgroup, in collaboration with our partners and healthcare providers, have been able to accomplish an array of activities in four different focus areas.

The benchmarks outlined below could not have happened without the tireless efforts of partners working together to reduce the impact of chronic disease on our community.

Focus Area 1: Reduce Obesity in Children and Adults

- 1.1 miles of new sidewalks developed
- 26 bus stops received shelters and were made accessible per ADA guidelines
- 2 school districts successfully met federal guidelines for local school wellness policies
- More than 64,000 servings of microgreens were distributed in student and senior meals
- 43 school nurses received training on childhood obesity
- 10 prediabetes trainings given to 71 participants

DUTCHESS COUNTY Current CHIP PRIORITIES ALIGN WITH THE NYS PREVENTION AGENDA

- **Prevent Chronic Disease**
- **Promote Mental Health & Prevent Substance Abuse**
- **Promote a Safe and Healthy Environ-**

Focus Area 2: Promote Breastfeeding to Reduce the Risk of Childhood Obesity and Promote Maternal & Infant Health

- 6 meetings with community members and provider partners were held to enhance breastfeeding education and support
- 159 referrals for breastfeeding services were made by health care providers, community partners & community residents

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Focus Area 3: Increase Access to Chronic Disease, Preventive Care, and Management in Clinical and Community Settings

- 35 diabetes self-management programs served 251 participants
- Participation as a fitness location and promoter of employee wellness in leading partner wegetfit.org
- 50 educational articles on chronic disease, nutrition, heart disease, and fall prevention were featured in Dutchess County newspapers and/or blogs

Focus Area 4: Reduce Illness, Disability, and Death Related to Tobacco Use and Secondhand Smoke Exposure

- 300 inspections conducted to enforce Adolescent Tobacco Use Prevention Act (ATUPA) with 24 violations issued

SAVE THE DATE!!!

Please Join Us for
our CHIP Forum on

May 30th, 2019

8:30 AM - Noon

Henry A. Wallace Center

at the FDR Presidential

Library and Home

4079 Albany Post Rd

Hyde Park

Promote Mental Health & Prevent Substance Abuse

Focus Area: Prevent Substance Abuse & Other Mental, Emotional, and Behavioral Disorders

The coordinated efforts of the Dutchess County Opioid Task Force as well as the Resiliency Council for Suicide Prevention, in conjunction with its affiliate partners, have made the following possible:

- 81 law enforcement personnel trained in a 40--hour course for Crisis Intervention
- 20 community residents received instruction on the Science of Addiction and Recovery
- 15 local healthcare prescribers received Buprenorphine Waiver Training
- 521 school staff, law enforcement personnel, and local residents were trained in Mental Health First Aid
- 85 people from various communities were trained as Narcan trainers
- 90 Narcan training sessions held for 1,725 school, and library personnel, first responders and community members
- A total of 3,324 lbs. of unused/unwanted medications were collected in drop boxes and at collection events, up from 3,019 lbs. the previous year)



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Promote a Safe and Healthy Environment

Focus Area: Reduce the Burden of Tick-borne Diseases

The Tick-borne Disease (TBD) Workgroup continues to meet quarterly. The TBD workgroup consists of members of the Department of Behavioral & Community Health along with 13 members representing the private and public sectors of our community, including schools, hospitals, elected officials, as well as school nurses.

The combined efforts of the TBD Workgroup have accomplished the following in tick-borne disease education for communities throughout Dutchess County:

- 2 new online educational videos were posted/launched
- 661 individuals attended 19 educational presentations
- 12 Lyme disease awareness and education posts on social media attracted 53,152 views
- 1584 individuals participated in 13 outreach events throughout the county
- Lyme education materials were distributed at 62 locations to a total of 5,306 people
- 5,000 tick removal kits were assembled, 4,641 of which were distributed in 2018
- Member organizations developed a collaborative set of talking points to be utilized in education and prevention messaging

Our Next Steps ...

In the next couple of weeks you will receive an invitation to attend our CHIP Partners Forum on May 30, 2019. Please RSVP as quickly as possible to reserve your spot and allow us to plan accordingly for what promises to be a morning filled with informative presentations, networking, interesting discussion, and planning for our next CHIP cycle!

Our Community Health Improvement Plan is community-defined, aligned with the NYS Prevention Agenda, determined by regional surveys, and dependent on the input, ideas, and the energy of its resident community partners. The CHIP is a living document that seeks to ensure Dutchess County keeps its residents' health and well-being at the forefront of all planning and implementation endeavors.

Questions, comments, or suggestions, please contact:

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Aligning with the [New York State Department of Health's Prevention Agenda](#), Dutchess County has embraced a process for community planning which brings together diverse interests to determine the most effective way to improve community health.

Our **Community Health Improvement Plan** (CHIP) is a collaborative effort based on input from residents and organizations, that creates a roadmap toward better health for the people of Dutchess County.

