



FOOD PROGRAMS cont.

Salvation Army
19 Pershing Avenue
Poughkeepsie, NY 12601
(845) 471-1210

WIC
Family Partnership Center
29 North Hamilton Street
Poughkeepsie, NY 12601
(845) 454-8204

NUTRITION SERVICES

Cornell Cooperative Extension
2715 Route 44 #1
Millbrook, NY 12545
(845) 677-8223

SNAP Benefits (food stamps)
Local Office: (845) 486-3250 or
1-800-342-3009

HOUSING PROGRAMS

Family Promise of the Mid-Hudson Valley
860 Wolcott Avenue
Beacon, NY 12508
(845) 838-3764

Hudson River Housing
313 Mill Street
Poughkeepsie, NY 12601
(845) 454-5176

Section 8
1 Overocker Road
Poughkeepsie, NY 12603
(845) 454-5176

ENERGY & UTILITY ASSISTANCE

Central Hudson Home Energy Asst. Program
284 South Avenue
Poughkeepsie, NY 12601
(845) 486-5787

Community Action Partnership
77 Cannon Street
Poughkeepsie, NY 12601
(845) 437-0050

ENERGY & UTILITY ASSISTANCE cont.

Home Energy Assistance Program (HEAP)
Local Office: (845) 486-3249 or
NYS HEAP Hotline at 1-800-342-3009
otda.ny.gov/programs/heap/

ENGLISH AS A SECOND LANGUAGE CLASSES

Dutchess Community College
53 Pendell Road
Poughkeepsie, NY 12601
(845) 431-8000

Adriance Memorial Library
93 Market Street
Poughkeepsie, NY 12601
(845) 485-3445

Grace Episcopal Church
Franklin Avenue
Millbrook, NY 12545
(845) 677-3064

Le Mesa (former St. James Church)
Reimer Avenue
Dover Plains, NY 12522
(845) 877-0224

St. Paul's Lutheran Church
Route 9 - Broadway
Red Hook, NY 12571
(845) 758-0151

Literacy Connections
825 Main Street
Poughkeepsie, NY 12601
(they offer free babysitting)
(845) 452-8670

Helpful Websites

American Academy of Pediatrics
www.aap.org

Exceptional Parent Resource Guide
www.eparent.com

Lower Hudson Valley Perinatal Network
www.lhvpn.net

Challenging Behavior
www.challengingbehavior.com

United Way
www.uwdor.org
Call 2-1-1 for help with food, housing,
employment, healthcare, counseling and more

Parent Support Group
www.parentsupportgrouponline.com

Zero To Three
National Center for Infants, Toddlers & Families
www.zerotothree.org



Dutchess County Department of Health

Community Resource Directory



Dutchess County Department of Health

Early Intervention Program
85 Civic Center Plaza - Suite 106
Poughkeepsie, NY 12601

Phone: 845-486-3518
Fax: 845-486-3982
www.dutchessny.gov



PROGRAMS FOR CHILDREN

Adriance Memorial Library
93 Market Street
Poughkeepsie, NY 12601
(845) 485-3445
poklib.org

Astor Early Childhood Programs
50 Delafield Street
Poughkeepsie, NY 12601
(845) 452-4167
www.astorservices.org

Barnes & Noble
2518 South Road
Poughkeepsie, NY 12601
(845) 485-2224
www.barnesandnoble.com

Children's Community Services
1143 Main Street
Fishkill, NY 12524
(845) 896-9876

FAMILY SUPPORT PROGRAMS

Astor Early Recognition Screening Program
13 Mount Carmel Place
Poughkeepsie, NY 12601
(845) 452-6077
www.astorservices.org

ARC
84 Patrick Lane, Suite 130
Poughkeepsie, NY 12603
(845) 635-8084
dutchess-arc.org

CareNet
226 Church Street
Poughkeepsie, NY 12601
www.carenetpregnancycenter.com

Catholic Charities
218 Church Street
Poughkeepsie, NY 12601
(845) 452-1400
www.catholiccharities.org

Cornell Cooperative Extension Dutchess
29 North Hamilton Street, Room L02
Poughkeepsie, NY 12601
(845) 454-7140
www.ccedutchess.org

Dutchess Outreach
29 North Hamilton Street
Poughkeepsie, NY 12601
www.dutchessoutreach.org

ECCSI (Astor Services)
Enhanced Coordinated Children's Services Initiative
(845) 486-9473 ext. 103 - Coordinator
www.astorservices.org/coordinated-childrens-services.php

Mid-Hudson Early Childhood Direction Center
5 Washington Terrace
Newburgh, NY 12550

Tiba Araujo: (267) 909-5586 / (845) 565-1162
myindependentliving.org/EN-Services/EarlyChildhoodDirectionCenter

OPWDD
(Office of Persons with Disabilities)
38 Fireman's Way
Poughkeepsie, NY 12603
(845) 473-5050 / (845) 382-1899
www.opwdd.ny.gov/welcome-front-door/home

Parent to Parent of NYS
26 Center Circle, Bldg 59 Room B46
Wassaic, NY 12594
(845) 877-0654
parenttoparentnys.org

Second Hand Rose (clothing assistance, etc.)
450 Main Street
Poughkeepsie, NY 12601
(845) 471-5266
www.pokumc.org

SUPPORT FOR INDIVIDUALS WITH AUTISM

Anderson Center for Autism Consulting Services
4885 Route 9
Staatsburg, NY 12580
(845) 889-9616
www.andersoncenterforautism.org

DAYCARE SERVICES

Child Care Council of Dutchess
70 Overocker Road
Poughkeepsie, NY 12601
(845) 473-4141

CLINIC SERVICES

Dutchess County Health Dept.
Children's Immunization Clinic
By appointment ONLY
Please call: (845) 486-3535 or
e-mail: clinics@dutchessny.gov

SPEECH SERVICES

SUNY New Paltz Speech/Hearing
1 Hawk Drive, Suite 6
New Paltz, NY 12561
(845) 257-3600
www.newpaltz.edu/commdis/hearing_center

INSURANCE SERVICES

MISN (Maternal Infant Service Network)
(845) 561-3575
www.misn-ny.org

Hudson River Health Care
Several Locations in Dutchess County
1-800-844-3258
www.getthehealthinsurance@hrhcare.org

HEALTH CARE SERVICES

Hudson River Health Care
(Uninsured based on ability to pay)
Poughkeepsie - (845) 454-8204 / Beacon (845) 831-0400
Several other locations in Dutchess County
Visit their website at: www.hrhcare.org

PARKS

Bowdoin Park
82 Sheafe Road
Wappinger Falls, NY 12590
(845) 298-4600

James Baird State Park
14 Maintenance Lane
Pleasant Valley, NY 12569
(845) 452-1489

Fairview Park
113 Fairview Avenue
Poughkeepsie, NY 12601
(845) 485-3628

Dutchess County Wilcox Memorial Park
Route 199
Stanfordville, NY 12581
(845) 758-6100

MUSEUMS

Mid-Hudson Children's Museum
75 North Water Street
Poughkeepsie, NY 12601
(845) 471-0589

PLAY CENTERS

Bounce Trampoline Sports
2 Neptune Road
Poughkeepsie, NY 12601
(845) 206-4555

Jumpin Jakes Discovery of Fishkill
982 Main Street
Fishkill, NY 12524
(845) 471-0589

TRANSPORTATION SERVICES

Medicaid Transportation
1-866-244-8995

Dial-A-Ride (Dutchess County)
14 Commerce Street
Poughkeepsie, NY 12601
(845) 452-7433

Northeast Dutchess Transit
51 South Center Street
Millerton, NY 12546
(518) 789-4259

FOOD PROGRAMS

Catholic Charities
218 Church Street
Poughkeepsie, NY 12601
(845) 452-1400

First Reformed Church of Fishkill
1153 Main Street
Fishkill, NY 12524
(845) 896-4546

Salvation Army
19 Pershing Avenue
Poughkeepsie, NY 12601
(845) 471-1210

Trinity Episcopal Church
1200 Main Street
Fishkill, NY 12524
(845) 896-9884