

Dutchess County HELPLINE

Sometimes, it just helps to talk.

For crisis intervention,
telephone counseling,
information, and referral

24 hours a day
7 days a week
365 days a year

CALL or TEXT
(845) 485-9700

CALL Toll Free
(877) 485-9700

HELPLINE APP



WEBSITE RESOURCES

Department
DutchessNY.gov/DBCH

Info for Healthcare Providers
DutchessNY.gov/Providers

Ticks, Rabies, and Mosquitoes
DutchessNY.gov/Zoonotics

Veterans' Services
DutchessNY.gov/Veterans

Clinics
DutchessNY.gov/Clinics

Breastfeeding
DutchessNY.gov/Breastfeeding

HELPLINE
DutchessNY.gov/HELPLINE

Stabilization Center
DutchessNY.gov/Stabilization

CSPOA
DutchessNY.gov/CSPOA

Dutchess County Department of Behavioral & Community Health

85 Civic Center Plaza - Suite 106
Poughkeepsie, NY 12601
Phone: (845) 486-3400
HealthInfo@DutchessNY.gov
www.DutchessNY.gov/DBCH



Marcus J. Molinaro
County Executive

A. K. Vaidian, MD, MPH
Commissioner

(December 2017)

Dutchess County Department of Behavioral & Community Health



Programs & Services



The Dutchess County Department of Behavioral & Community Health offers a variety of programs and services to ensure that all individuals can live a healthy life in our community.

This brochure provides a quick look at these services, for more information call the telephone number provided or visit our Services & Programs page at DutchessNY.gov/DBCH.



DUTCHESS COUNTY DEPARTMENT OF BEHAVIORAL & COMMUNITY HEALTH



HEALTH EDUCATION (845) 486-3421

Education is provided on a variety of topics for all ages, as well as outreach to the community and providers for cancer, diabetes, cardiovascular disease, tobacco, obesity, tickborne disease, emergency preparedness, and more.

MENTAL HEALTH SERVICES (845) 485-9700

Partial Hospital is a comprehensive, short-term, outpatient program providing support and treatment for adults facing acute psychiatric distress, and is an alternative to inpatient hospitalization or following inpatient treatment.

Forensic Services - a comprehensive chemical dependency/mental health/criminal justice assessment for the legal system as an alternative to incarceration, to promote public safety, and to prevent recidivism.

Intensive Treatment Alternatives Program (ITAP) - an alternative to inpatient rehabilitation or as a follow-up to inpatient care for those needing long-term intensive outpatient services, as well as an alternative to incarceration where alcohol or drugs played a role in their legal difficulties.

Jail-Based Services identifies incarcerated individuals who suffer from mental health or substance abuse and connects individuals to a therapeutic relationship in preparation for ongoing treatment upon release.

Diversion Services include the 24/7/365 HELPLINE (see cover), Stabilization Center (a crisis intervention, detox, and referral service), Mobile Crisis Intervention team, and the Trauma team to assist individuals, families, communities facing a crisis.

CLINICS (845) 486-3535

Childhood Immunizations

By appointment, children 18 years of age and younger must be accompanied by a parent/guardian and bring their immunization records with them.

Adult Immunizations provide recommended vaccines to adults by appointment.

Rabies Pre/Post Exposure Vaccination

Pre-Exposure: (845) 486-3409

Post-Exposure: (845) 486-3404

International Travel Immunization provides vaccines to adults and children planning international travel, by appointment.

Tuberculosis Clinic and case management services for the diagnosis and treatment of tuberculosis. Persons under 18 must be accompanied by a parent or guardian. By appointment on Mondays with return for results on Thursdays.

Sexually Transmitted Infections confidential testing, diagnosis, and treatment are available. Walk-In clinic on Tuesdays 9:30am-12pm / Thursdays 9:30am - 11:30am & 1:30-4pm

HIV Program provides anonymous and confidential testing by appointment on Mondays (9:30am-12pm / 1:30-4pm).

Communicable Disease - Investigates reports as required by law (confirmed, suspect, and clusters) to prevent and control the transmission to susceptible individuals. Staff is available for consult. (845) 486-3402

Perinatal Hepatitis B Program provides individual case management and follow-up to infants born to mothers who are Hepatitis B positive. (845) 486-3402



FAMILY SERVICES (845) 486-3419

Breastfeeding Support & Education Services

Appointments available with our trained lactation staff.

Maternal/Child Home Visits

Public Health Nurses provide skilled nursing visits to pregnant and parenting families as well as information and education to address breastfeeding, newborn care and nutrition needs, growth and development, and injury prevention. Case management is provided through referrals to promote optimum health.

Special Health Care Needs - Providing information and referral services for children from birth to 21 years of age who have special healthcare needs.

Physically Handicapped Children - Financial assistance to parents of children with physical handicaps (eligibility requirements).

Early Intervention / Preschool Special Educ.

Infants and toddlers ages birth to age three, and who have special needs may be eligible to receive services to enhance the child's growth and development. Services are provided for those ages 3-5 in conjunction with the family's school district. (845) 486-3518

Medical Examiner Office investigate sudden, unexpected, violent, or suspicious deaths, and to evaluate and document injuries in live victims of abuse. (845) 486-3414

Veterans' Services promotes the interests and welfare of veterans, their dependents, and survivors. Our counselors advise and assist individuals with obtaining the benefits they may be entitled to. Benefits must be applied for as they are not automatic. (845) 486-2060

Pet Rabies Vaccinations

Clinics are held three times a year offering residents free rabies vaccination for their dogs, cats, and ferrets. (845) 486-3404



ENVIRONMENTAL REGULATORY SERVICES (845) 486-3404

Services provided in accordance with the NYS Public Health Laws, and NYS/DC Sanitary Codes.

Lead Poisoning Prevention - offers case management, education, follow-up, and home visits for those with elevated blood lead levels. Community education, provider outreach, and environmental investigations are also available.

Environmental Services - Permits and inspects food, camp, hotel, motel, campsite, temporary residence, mobile home park, public functions (5000+people), swimming pools/beaches, tanning, daycare, and nursery school facilities.

Engineering Services - Inspects, monitors, regulates, reviews, and approves plans for sewage collection, treatment, and disposal systems, realty subdivisions, bathing beaches, residential/commercial sewage disposal systems, and individual/public water supplies.

Environmental Assessment - Investigates and provides technical assistance regarding mold, petroleum and chemical spills, occupational health, indoor air quality, lead, and exposure to chemicals/hazardous substances.

Public Water Supply - Inspects, monitors, and regulates supplies for water quality/quantity.

Tobacco Control Programs - Permits and inspects retailers to enforce state/local regulations, and investigates Clean Indoor Air Act complaints.

Weights & Measures - Inspects transactions involving weight, measure, count, or scanners for accuracy and enforces the licensing of precious metal/coin exchanges. (845) 486-2949