

# Dutchess County Department of Behavioral & Community Health

## PUBLIC HEALTH ADVISORY\*

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County Executive



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Acting Commissioner

### CDC UPDATES: ZIKA VIRUS PREVENTION, RISK SCREENING, & TESTING

Monday, October 24, 2016 10 am

The Dutchess County Department of Behavioral & Community Health (DBCH) would like to alert you to recent updates from the Centers for Disease Control (CDC) impacting prevention, risk screening, and testing recommendations for Zika virus.

#### September 30th, 2016 CDC Update – [Preconception Counseling and Sexual Transmission Prevention](#)

- **Preconception Counseling:** CDC recommends men with possible Zika virus exposure who are considering conception with their partner to wait to conceive until at least 6 months after symptoms (if symptomatic) or last possible Zika virus exposure (if asymptomatic). Women with possible Zika virus exposure are recommended to wait to conceive until at least 8 weeks after symptom onset (if symptomatic) or last possible Zika virus exposure (if asymptomatic).
- **Sexual Transmission Prevention:** Individuals with possible Zika virus exposure, who are not pregnant and do not plan to become pregnant, who want to minimize their risk for sexual transmission of Zika virus should use a condom or abstain from sex for the same periods for men and women described above.

#### October 19, 2016 CDC Update - [Zika virus travel and testing guidance](#) to include all of [Miami-Dade County, Florida](#):

- CDC has designated specific locations within Miami-Dade County as areas of active transmission. Pregnant women **SHOULD NOT** travel to these areas. Pregnant women should consider **postponing all travel to Miami-Dade County**.
- Pregnant women who lived in, traveled to, or had sex without a condom with someone who has been to Miami Dade County any time after August 1, 2016 should be tested for Zika virus.
- For detailed guidance, maps, and testing recommendations for exposure prior to August 1, 2016, visit [www.cdc.gov/zika/intheus/florida-update.html](http://www.cdc.gov/zika/intheus/florida-update.html)

As mosquito season draws to a close locally, the Department of Behavioral & Community Health reminds providers to visit [www.cdc.gov/zika](http://www.cdc.gov/zika) "What's New" for the latest information regarding the ongoing Zika virus situation.

Mosquito bite prevention is highly recommended for anyone traveling to warmer climates, especially Zika virus affected areas. Travelers should check the CDC ([www.cdc.gov/travel](http://www.cdc.gov/travel)) and the U.S. Department of State's websites ([www.state.gov](http://www.state.gov)) for travel advisory recommendations.

Pregnant women should continue to avoid all non-essential travel to areas with active Zika virus transmission. For questions regarding risk screening or test result interpretation, please call the Department at (845) 486-3402.

\***Health Alert**- conveys the highest level of importance; warrants immediate action or attention; **Health Advisory**- provides important information for a specific incident or situation; may not require immediate action; **Health Update**- provides updated information regarding an incident or situation; unlikely to require immediate action.

**Dutchess County Department of Behavioral & Community Health**

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