

Bus Stop #	Route J Northbound - PK Train to Shop Rite / DCC - Read Down	MONDAY THROUGH SATURDAY													
3	POUGHKEEPSIE - Poughkeepsie Train Station	6:15	7:15	8:15	9:15	10:15	11:15	12:15	1:15	2:15	3:15	4:15	5:15	6:15	
1	POUGHKEEPSIE - HUB	6:19	7:19	8:19	9:19	10:19	11:19	12:19	1:19	2:19	3:19	4:19	5:19	6:19	
286	POUGHKEEPSIE - Washington Street & Mansion Street (Across from Interfaith Towers)	6:21	7:21	8:21	9:21	10:21	11:21	12:21	1:21	2:21	3:21	4:21	5:21	6:21	
284	POUGHKEEPSIE - ShopRite @ Winslow Gate Road	6:30	7:30	8:30	9:30	10:30	11:30	12:30	1:30	2:30	3:30	4:30	5:30	6:30	
117	POUGHKEEPSIE - Fulton Street & Beck Place (Marist College)	6:35	7:35	8:35	9:35	10:35	11:35	12:35	1:35	2:35	3:35	4:35	5:35	6:35	
89	POUGHKEEPSIE - Dutchess Community College @ Lot E	6:42	7:42	8:42	9:42	10:42	11:42	12:42	1:42	2:42	3:42	4:42	5:42	6:42	
220	POUGHKEEPSIE - Dutchess Community College @ Washington Hall	6:45	7:45	8:45	9:45	10:45	11:45	12:45	1:45	2:45	3:45	4:45	5:45	6:45	
								AM = Light	PM = Bold						
Bus Stop #	Route J SOUTHBOUND - DCC/Shop Rite to PK Train - Read Down	MONDAY THROUGH SATURDAY													
220	POUGHKEEPSIE - Dutchess Community College @ Washington Hall	6:47	7:47	8:47	9:47	10:47	11:47	12:47	1:47	2:47	3:47	4:47	5:47	6:47	
283	POUGHKEEPSIE - Cottage Road W & Cheney Drive	6:49	7:49	8:49	9:49	10:49	11:49	12:49	1:49	2:49	3:49	4:49	5:49	6:49	
121	POUGHKEEPSIE - Route 9G (Violet Avenue) & Fulton Street	6:52	7:52	8:52	9:52	10:52	11:52	12:52	1:52	2:52	3:52	4:52	5:52	6:52	
122	POUGHKEEPSIE - Fulton Street W (Across from Beck Place)	6:54	7:54	8:54	9:54	10:54	11:54	12:54	1:54	2:54	3:54	4:54	5:54	6:54	
284	POUGHKEEPSIE - ShopRite @ Winslow Gate Road	6:59	7:59	8:59	9:59	10:59	11:59	12:59	1:59	2:59	3:59	4:59	5:59	6:59	
287	POUGHKEEPSIE - Washington Street & Mansion Street (Interfaith Towers)	7:08	8:08	9:08	10:08	11:08	12:08	1:08	2:08	3:08	4:08	5:08	6:08	7:08	
3	POUGHKEEPSIE - Poughkeepsie Train Station	7:12	8:12	9:12	10:12	11:12	12:12	1:12	2:12	3:12	4:12	5:12	6:12	7:12	
								AM = Light	PM = Bold						

Effective 1-4-2025