

Bus Stop #	Route L Eastbound Main Street Shuttle - Read Down MONDAY THROUGH SATURDAY																										
1	POUGHKEEPSIE - Transit Hub	6:45	7:15	7:45	8:15	8:45	9:15	9:45	10:15	10:45	11:15	11:45	<b>12:15</b>	<b>12:45</b>	1:15	1:45	2:15	2:45	3:15	3:45	4:15	4:45	5:15	5:45	6:15	6:45	7:15
288	POUGHKEEPSIE - Mansion Street & Washington Street	6:48	7:18	7:48	8:18	8:48	9:18	9:48	10:18	10:48	11:18	11:48	<b>12:18</b>	<b>12:48</b>	1:18	1:48	2:18	2:48	3:18	3:48	4:18	4:48	5:18	5:48	6:18	6:48	7:18
3	POUGHKEEPSIE - Poughkeepsie Train Station	6:52	7:22	7:52	8:22	8:52	9:22	9:52	10:22	10:52	11:22	11:52	<b>12:22</b>	<b>12:52</b>	1:22	1:52	2:22	2:52	3:22	3:52	4:22	4:52	5:22	5:52	6:22	6:52	7:22
302	POUGHKEEPSIE - Main Street & Market Street	6:57	7:27	7:57	8:27	8:57	9:27	9:57	10:27	10:57	11:27	11:57	<b>12:27</b>	<b>12:57</b>	1:27	1:57	2:27	2:57	3:27	3:57	4:27	4:57	5:27	5:57	6:27	6:57	7:27
306	POUGHKEEPSIE - Main Street & Worrall Avenue <i>(Connect to Rt. M Mon-Fri)</i>	7:03	7:33	8:03	8:33	9:03	9:33	10:03	10:33	11:03	11:33	<b>12:03</b>	<b>12:33</b>	1:03	1:33	2:03	2:33	3:03	3:33	4:03	4:33	5:03	5:33	6:03	6:33	7:03	7:33
308	POUGHKEEPSIE - Collegeview Ave & Fairmont Ave (Vassar College)	7:08	7:38	8:08	8:38	9:08	9:38	10:08	10:38	11:08	11:38	<b>12:08</b>	<b>12:38</b>	1:08	1:38	2:08	2:38	3:08	3:38	4:08	4:38	5:08	5:38	6:08	6:38	7:08	7:38
131	POUGHKEEPSIE - Route 44 & Burnett Blvd	7:11	7:41	8:11	8:41	9:11	9:41	10:11	10:41	11:11	11:41	<b>12:11</b>	<b>12:41</b>	1:11	1:41	2:11	2:41	3:11	3:41	4:11	4:41	5:11	5:41	6:11	6:41	7:11	7:41
313	POUGHKEEPSIE - Stop & Shop	.....	7:44	.....	8:44	.....	9:44	.....	10:44	.....	11:44	.....	<b>12:44</b>	.....	1:44	.....	2:44	.....	3:44	.....	4:44	.....	5:44	.....	6:44	.....	7:44
311	POUGHKEEPSIE - Adams Fairacre Farms & Route 44	7:15	.....	8:15	.....	9:15	.....	10:15	.....	11:15	.....	<b>12:15</b>	.....	1:15	.....	2:15	.....	3:15	.....	4:15	.....	5:15	.....	6:15	.....	7:15	.....
		..... No Service AM = Light PM = Bold																									
Bus Stop #	Route L Westbound Main Street Shuttle - Read Down MONDAY THROUGH SATURDAY																										
311	POUGHKEEPSIE - Adams Fairacre Farms & Route 44	7:17	.....	8:17	.....	9:17	.....	10:17	.....	11:17	.....	<b>12:17</b>	.....	1:17	.....	2:17	.....	3:17	.....	4:17	.....	5:17	.....	6:17	.....	7:17	.....
313	POUGHKEEPSIE - Stop & Shop	.....	7:47	.....	8:47	.....	9:47	.....	10:47	.....	11:47	.....	<b>12:47</b>	.....	1:47	.....	2:47	.....	3:47	.....	4:47	.....	5:47	.....	6:47	.....	7:47
154	POUGHKEEPSIE - Route 44 & Dutchess Center	7:21	7:51	8:21	8:51	9:21	9:51	10:21	10:51	11:21	11:51	<b>12:21</b>	<b>12:51</b>	1:21	1:51	2:21	2:51	3:21	3:51	4:21	4:51	5:21	5:51	6:21	6:51	7:21	7:51
307	POUGHKEEPSIE - Fairmont Ave & Collegeview Ave (Vassar College)	7:26	7:56	8:26	8:56	9:26	9:56	10:26	10:56	11:26	11:56	<b>12:26</b>	<b>12:56</b>	1:26	1:56	2:26	2:56	3:26	3:56	4:26	4:56	5:26	5:56	6:26	6:56	7:26	7:56
318	POUGHKEEPSIE - Main Street & Innis Avenue <i>(Connect to Rt. M Mon-Fri)</i>	7:32	8:02	8:32	9:02	9:32	10:02	10:32	11:02	11:32	<b>12:02</b>	<b>12:32</b>	1:02	1:32	2:02	2:32	3:02	3:32	4:02	4:32	5:02	5:32	6:02	6:32	7:02	7:32	8:02
1	POUGHKEEPSIE - Transit Hub	7:41	8:11	8:41	9:11	9:41	10:11	10:41	11:11	11:41	<b>12:11</b>	<b>12:41</b>	1:11	1:41	2:11	2:41	3:11	3:41	4:11	4:41	5:11	5:41	6:11	6:41	7:11	7:41	8:11
		..... No Service AM = Light PM = Bold																									

Route L - Effective 1-4-2025