

Back to School

Summer goes by quickly and before you know it you need to stock up on school supplies again. It can be costly and sometimes wasteful, which is why we have outlined sustainable practices you can follow right here in Dutchess County!



No matter what age a student is, reusable lunch containers will always come in handy. Tupperware, silicone bags, and washable beeswax paper are just some examples. You can also pack a handkerchief or two to replace single-use napkins that can also limit garbage accumulation. Once paper napkins are used and soiled, they are considered garbage and therefore cannot be reused or recycled.



Reusable water bottles keep you hydrated and decreases the amount of single-use plastic. It also saves you money since you won't have to keep purchasing water.



For things like backpacks, laptop bags and lunch boxes, consider browsing your local thrift store for a gently used one. While you're at it, be on the lookout for dormitory furniture too. You can often find what you need without spending too much while living more sustainably.



You can find many different textbooks and study materials at your local library, used book stores, and even thrift shops. It's also helpful to purchase items made from recycled materials, such as paper, to continue limiting our impact.

