

# Fall Into Sustainability

Many Dutchess County residents enjoy baking pies, carving pumpkins, and finding the perfect Halloween costume in the fall. It takes a lot of preparation and resources to accomplish what you want, making it very important to think sustainably.



**Pumpkins:** You can roast pumpkin seeds, puree the body for soup, and compost the rest.



**Halloween costumes:** Shop at local thrift stores and piece something unique together. You could also donate used clothing and costumes.



**Food preservation:** Start canning your vegetables before they go bad so you can extend their life. Try volunteering at a farm for gleaning, too!

**Yard trimmings:** Fall is a perfect time to begin composting! Learn more about it [here](#). You can also leave your leaves where they are or use them for mulching and gardening as per tips from the [DEC!](#)



**Apples:** Use peelings in your compost or as garnish on drinks and food, and cores to create apple cider vinegar.



[solidwastemgmt@dutchessny.gov](mailto:solidwastemgmt@dutchessny.gov)



[www.dutchessny.gov/solidwaste](http://www.dutchessny.gov/solidwaste)