

VA Hudson Valley Health Care System

Veteran Orientation Session



Have you been coming to the VA for years and do not know about the programs and services we offer and how to access them? Or perhaps you are new to the VA and have questions. If so this is the right session for you!

Every 2nd Friday of the month from 9:00 a.m. to Noon, you will meet some of our experienced staff who will provide you with a wealth of information to make your experience at the VA warm and welcoming. We look forward seeing you in one of our sessions!

How do I attend?

- Let your PACT team know you are interested; they will help you schedule an appointment.

or

- Please call and leave a message 914-737-4400, ext. 4490

Leave your full name, last four, telephone contact and best time to call. Someone from our team will call within 24-48 hours.

Where is it?

Montrose: Bldg. 14, Rm. 6

Castle Point: Bldg. 20,
Rm. 140/Kennedy
Conference room

VA Outpatient Clinic:
V-Tel room

Topics Include:

Accessing your Health Records

Appointment Management

Appointments

Choosing a VA convenient to you

Claims

Eligibility

*Health Promotion Disease
Prevention Program*

Mental Health

MyHealtheVet

Non-VA Care

Patient Advocate

Pharmacy Benefits

Primary Care

Spiritual Health

Substance Abuse

Travel Benefit

Veteran Health Education

Veteran Service

Organization

Whole Health

Women's Health

*You will have
opportunity to ask
questions and meet
other Veterans during these
sessions and more.*

When are the dates of 2019 Sessions?

November 9, 2018	December 14, 2018	January 11, 2019
February 8, 2019	March 8, 2019	April 12, 2019
May 10, 2019	June 14, 2019	July 12, 2019
August 9, 2019	September 13, 2019	Time for all sessions: 9am-12pm



**U.S. Department
of Veterans Affairs**