



CIVIL DIVISION  
CLASS SPECIFICATION

**ATHLETIC TRAINER**

DATE ADOPTED: 3/11/2011

LAST REVISION: 4/15/2023

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**DISTINGUISHING FEATURES OF THE CLASS:**

Provides for the care, prevention and treatment of athletic injuries and/or improves physical fitness of athletes for participation in various sports programs. Under the general supervision of a licensed physician and the District Athletic Director, incumbents of this position are responsible for the care and prevention and treatment of athletic injuries involving student athletes. In accordance with Section 8532 of New York State Education Law, the practice of the profession of athletic training is defined as the application of principles, methods and procedures for managing athletic injuries, which shall include the preconditioning, conditioning and reconditioning of an individual who has suffered an athletic injury through the use of appropriate preventative and supportive devices, under the supervision of a physician and recognizing illness and referring to the appropriate medical professional with implementation of treatment pursuant to physician's orders. Athletic training includes instructions to coaches, athletes, parents, medical personnel and communities in the area of care and prevention of athletic injuries. Incumbents exercise independent judgment in carrying out the details of the work. Supervision may be exercised over paid or volunteer student assistants.

**TYPICAL WORK ACTIVITIES:**

Typical work activities for incumbent in this title include those listed below in addition to those work activities performed by dispatch staff. They are indicative of the level and types of activities performed by incumbent in this title. They are not meant to be all inclusive and do not preclude a supervisor from assigning activities not listed which could be reasonably be expected to be performed by an employee in this title.

1. Provides first aid, CPR, and coordinates emergency transportation, as necessary;
2. Conducts initial evaluation following an injury and makes a decision regarding management of the injury;
3. Establishes and implements a program for the purpose of minimizing injuries which includes conditioning programs, judicious equipment selection, athletic activity safety checks and determination of physical fitness for participation in intended activities;
4. Provides student athletes, parents, coaches and school staff with information regarding sound health habits and injury care and prevention practices;
5. Maintains an inventory and determines the need for athletic training supplies, equipment and maintenance services;
6. Establishes and maintains detailed records on student athletes including sports physicals, incident report forms and prepares reports, as required;
7. Informs coaches as to whether an injured athlete may resume participation in athletic activities;
8. Determines if student athletes need joint or muscular support and performs the taping of ankles, wrists, fingers or wrapping of muscles such as hamstrings, quadriceps, etc., to enable student athletes return to functional athletic performance;
9. Establish communication with school nurse(s) and the school's Chief Medical Officer regarding medical conditions, injuries and involvement in the Return to Play Protocol for the Concussions for students;
10. Keeps records of equipment utilization and condition and periodically inventories equipment.



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**FULL PERFORMANCE KNOWLEDGE, SKILLS, AND ABILITIES:**

Thorough knowledge of modern principles and practices of sports medicine; thorough knowledge of Advanced First Aid, CPR and emergency management procedures; good knowledge of Federal, State and local laws, rules, and regulations related to athletic training; good knowledge of the operation and maintenance of the equipment utilized in an athletic training setting; working knowledge of anatomy and medical terminology; ability to establish and maintain effective working relationships with others; ability to understand and empathize with the needs and concerns of others; ability to interview student athletes and obtain necessary information; ability to motivate and encourage the injured athlete during reconditioning; ability to evaluate, plan and coordinate the appropriate care of injured athletes; ability to use computer applications such as spreadsheets, word processing, calendar, e-mail and database software; ability to keep accurate records and prepare reports, as necessary; ability to plan and supervise the work of others; ability to get along well with others; accuracy; dependability; good judgment; physical condition commensurate with the duties of the position.

**MINIMUM QUALIFICATIONS:**

Possession of valid New York State licensure as a certified athletic trainer in accordance with Article 162 of the New York State Education Law.

**SPECIAL REQUIREMENTS:**

1. Appointing authority may require possession of a valid Driver License to operate a motor vehicle in New York State at time of application and to maintain the position.
2. Appointing authority may require possession of valid Basic Life Support for Healthcare Providers (BLS) certification at time of appointment and to maintain position.

**CIVIL DIVISION USE ONLY:**

**JURISDICTIONAL CLASSIFICATION: Competitive**

**REVISION HISTORY: 10/5/18, 8/30/20, 4/15/23**