

VOLUNTEER REGISTRATION FORM

(Return to the Office for the Aging, 27 High Street, Poughkeepsie, NY 12601)

What type of volunteer activity are you interested in? (check all that apply)

- | | |
|---------------------------------------------------------------|--------------------------------------------------------------|
| <input type="checkbox"/> Home Delivered Meals Driver | <input type="checkbox"/> Office for the Aging Advisory Board |
| <input type="checkbox"/> Health Insurance Counseling (HIICAP) | <input type="checkbox"/> Exercise Class Leader |
| <input type="checkbox"/> Brain Games Leader | <input type="checkbox"/> Senior Picnic Helper |
| <input type="checkbox"/> Senior Friendship Center Helper | <input type="checkbox"/> Office Assistance |
| <input type="checkbox"/> "A Matter of Balance" Coach | <input type="checkbox"/> Other |

Last Name _____ First Name _____ Middle Initial (if any) _____

Mailing Address _____

Home Phone _____

Date of Birth _____ Email _____

Emergency Contact _____ Phone _____

Please circle all days you can be available: MON TUES WED THURS FRI

Time(s) you are usually available _____ Daily Weekly Monthly

Please describe any medical limitations: _____

Have you ever been convicted of a misdemeanor or felony? _____

Any special skills (foreign language, technology, etc.) _____

Previous volunteer experience _____

What type of transportation will you use to get to your volunteer assignment? _____

Personal Reference _____

Address _____

Phone _____ Email: _____

Because you may have direct contact with the elderly, the County may initiate inquiries into your personal history including searches of police and motor vehicle files. By signing the form below you hereby grant the County permission to make any such search or investigation.

Volunteer Signature

Your 9 Digit NY Driver's License ID Number

Please print - thanks!

Dutchess County Office for the Aging
(845) 486-2555 or toll free at (866) 486-2555
www.dutchessny.gov/aging
Email: ofa@dutchessny.gov

Volunteering with the Dutchess County Office for the Aging

Friends,

We at the Office for the Aging could not provide many of our essential services for Dutchess County's senior population without the hard work of hundreds of volunteers. Their work benefits not just seniors, but the entire Dutchess community, with the value of Office for the Aging volunteers' work for 2017 coming to well over \$1 million.

Regardless of your age, skills, or ability to travel, the Office for the Aging offers ways for you to help. Please read more about them here and feel free to get in touch with us with any questions.

Best regards,



*Todd Tancredi, Director
Dutchess County Office for the Aging*

Volunteer opportunities include, but are not limited to...

Home Delivered Meal Drivers

Our drivers deliver over 500 nutritious midday meals to seniors every day, in all areas of Dutchess County. Seniors tell us they look forward not only to the food, but to our delivery staff. For many seniors who live alone, the visit from our driver may be their only contact with people, and that period of socialization is key to helping seniors continue to live safely at home for as long as possible.

Advisory Board

The Dutchess County Office for the Aging and NYConnects are assisted in their mission by a volunteer advisory board appointed by the Dutchess County Executive. The Advisory Board meets on a regular basis to offer input in the planning and delivery of services to senior citizens in Dutchess County.

Health Insurance Counseling

Volunteers are always welcome in our Health Insurance Information, Counseling and Assistance Program (HIICAP). No prior health insurance business experience needed; training and certification are provided. Our HIICAP volunteers provide impartial information about Medicare, Medigap policies and supplemental choices, Medicare Advantage Programs, other insurance questions, Medicare Prescription Drug Plans, EPIC, benefit programs and long term care insurance choices.

Exercise Class and Brain Games Leaders

Staying physically and mentally active are both key to successful aging. We have dozens of exercise and Brain Games classes around the county where you can help.

Senior Friendship Center Leaders

Our eight Senior Friendship Centers provide companionship, fun and a nutritious meal to our seniors. Volunteer at a Friendship Center and enjoy some socialization of your own while you help!

Office Help

Serving Dutchess County's estimated 60,000 seniors means a lot of correspondence to fold, envelopes to stuff and brochures to arrange. Help us communicate with your senior friends and neighbors!

Senior Picnics and Events

The summertime countywide Senior Picnics are some of our most popular events, where thousands of seniors from all over Dutchess come together to enjoy lunch, information and entertainment. We have annual events as well: the Celebration of Aging in May, the Senior Prom in October and the Senior Seminars in November. All these events require a lot of helping hands to be successful, and we'd love to have you along for the work—and the fun!

Dutchess County Office for the Aging Services

Senior Friendship Centers
Home Delivered Meals
Nutrition Education
Summer Senior Picnics
Nutrition Counseling
Caregiver Support
NY Connects
Case Management
Continuing Care
Nursing Home Information
Benefit & Entitlement Counseling
Information, Referral & Advocacy
Health Insurance Counseling & Assistance
Legal Assistance
Housing Information
Home Energy Assistance
Medical Transportation
Volunteer Opportunities
Brain Games
Physical & Mental Fitness Programs
Senior Exercise Program
Grandparents Raising Grandchildren help
A Matter of Balance
Successful Aging Presentations

The Dutchess County Office for the Aging is a County Agency funded under Title III of the U.S. Older Americans Act, the New York State Office for the Aging, and the County of Dutchess.

Volunteer Opportunities

Dutchess County
Office for the Aging

(845) 486-2555

Email: ofa@dutchessny.gov

Dutchess County Office for the Aging

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Marcus J. Molinaro
County Executive



Todd Tancredi
Director
Office for the Aging



www.dutchessny.gov/aging